Grand River Rainbow Historical Project

www.grandriver-rainbowhistory.ca/

celebrating the lives and times of rainbow folk in Grand River country

Outlook Magazine

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The Voice of Waterloo Region's Gay and Lesbian Community



Passes 2nd reading in free vote

May 1996

Issue 9

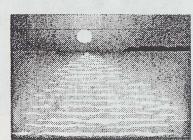
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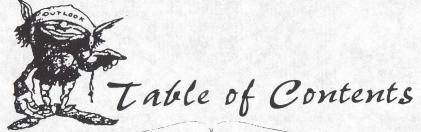
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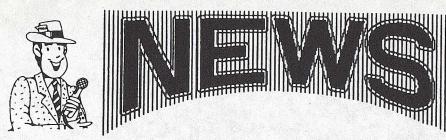
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Look forward to our new E-mail address in the next issue of Outlook!

Please excuse the appearance of some parts of this issue of Outlook. We are in the midst of changing over to a new publishing system and we didn't get very good results from our old printer. The next issue will be much more reader friendly because of the new system.

Thanks



Teachers Fear New Tory Bill

and lesbian Gay could be teachers "witch subjected to hunts" under a new Tory law, says a homosexual rights lobby group.

The Coalition for Gay Lesbian and Rights in Ontario says Bill 31 - which creates a new college of teachers- give parents and school boards "dangerous tools" to complain about the "moral wickedness" of homosexual teachers.

The law allows launch anyone to complaints for such things as professional misconduct or incompetence.

But the new legislation fails define those terms or what sort of things the public can complain said Greg about, Toronto Pavelich, a teacher and CLGRO spokesman.

Parents could launch because complaints they don't want their children to be taught by gay or lesbian teachers, he said.

"It has that

potential."

also The group argued the law ensures gay and lesbian teens will be denied positive role models and allow the new college to pry

into the private lives of herself its staff.

Pavelich said the college could collect information on teacher's sexual orientation, find out whether they had AIDS or HIV or even whether they belong to a gay baseball team.

Lynn MacGyver, a Peel teacher, said she knows lesbian teachers who have already been harassed out of their job because of their sexuality.

"I do believe Bill 31 will help keep teachers closeted," she said.

CTORONTO SIBL APR. 17/96)

On The Lighter Side...

And Under The O...

73-year-old A woman who claims she began having spontaneous orgasms after an electronic bingo board fell on her won't get her day in court.

Patrick Judge Madden threw out Mary Verdev's lawsuit against St. Florian Church Catholic because she failed to undergo the psychological exam he ordered.

Verdev said she suffered nearly \$90,000 in injuries when a 138-kg board fell off the stage at a bingo night in 1990. She also claimed that she found

sexually to women attracted experienced and spontaneous orgasms, a sometimes in clusters.

James Green. a lawyer for the church. said Verdev psychologically unbalanced. "It unexplained in modern medicine how a bump on the head can alter sexual orientation or cause recurring orgasms," he added.

IASSOCIATED PRESSI

Alderman Calgary Wants Helicopter To Chase Gays

A Calgary alderman wants police to use their expensive new crime-fighting helicopter to chase away an increasing number of gays who North gather at Glenmore Park.

"We're going to be police asking increase enforcement until it disappears," Ald. Barry Erskine said. "It (the helicopter) could easily come over the area and buzz the area and basically have a look."

The alderman said he's received numerous complaints from area about residents increased gay activity in the wooded park and wants police patrols stepped up.

"What the real concern prepared is...the public display of Erskine sex whether it be problem. heterosexual homosexual couples."

weren't excited about using the helicopter. which costs \$600 an Police aren't hour. enthusiastic about the idea. either. "My inclination would be to have a look at the problem and make some recommendations, said city police Supt. Dave MacKay.

Erskine said the park had a problem with public sex before, but with the help of the gay and lesbian association disappeared."

Stephen Lock of the Calgary Lesbian and Gay Political Action Guild, said he'd be

help address the

He said many men who visit the park are Erskine's colleagues not open about being gay, "so when we talk about enforcement, we to realize have exposing them creates ruined lives. There has to be a balance struck here."

As for using the helicopter "it strikes me as expensive...It would be like trying to use a tank to shoot flies." Lock said.

(CAHADIAN PRESS)

Gay Students To Hold Own Prom

Homosexual high school students will get to swing to their own beat next month at Metro Toronto's first gav and lesbian prom.

Toronto school trustee John Campey said the June 14th prom at Enoch Turner Schoolhouse is sponsored the board's Triangle program but is open to any gay and lesbian student in Toronto. They're hoping for about 150 students and adults, he said.

Triangle transitional program for Grades 9 -12 gav and lesbian students opened it's doors last fall in donated space at Metropolitan Church.

Community Teacher Patty Barclay, who works out of Oasis Alternative School, said they have 16 students registered in Triangle at moment.

"It's long overdue," Barclay said of the



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and gay students who try to take their own partners to a regular school prom often risk getting beaten up. "There's a huge emotional cost...this is less of a fishbowl."

She agreed the idea is "novel" saying she only knows of a similar city-wide prom in Los Angetes. "It's really exciting and sort of scarv."

Campey, who plans to help chaperone but has no date at the moment, said they plan to have at least two prom queens plus a D.J. who has done a lot of events in the gav community. He said money from the tickets. \$25 for students and \$50 for adults, will be used to pay for the event and to raise money for Triangle.

"The kids are having some fun with this. We're approaching it tongue-in-cheek," said, adding that many adults will be there to enjoy the "prom they never had."

Toronto board chairman David Moll said he hasn't heard anything about

prom, noting lesbian prom and he doesn't suppose he'll be going to it. "I don't want to know about it," he said.

(ASSOCIATED PRESS)

Nasty Remarks Cause Outcry

Asked what shop owners should do if customers don't like being served by black or gay employees. Reform Party Whip Bob Ringma said, "He should be able to sav. hey I don't need you in my employ or I'm going to switch you to the back of the shop, or I'm going to do something to make sure you don't lose more business for me." And asked if employing a black or gay person could result in lost business, he said, "It's conceivable to me, sure."

Ringma said he was describing hypothetical situation; that he is not racist or homophobic and that he himself would not fire a person for being gay or black.

A subtle distinction: one that was lost on the the Prime Minister.

The PM said he did not feel comfortable having and for any hurt they someone with views like that in front of him in the House of Commons. Multicultural Minister Hedy Fry says, "It is obviously bigoted and obviously racist."

Even some Ringma's Reform Party colleagues were surprised. "I can't defend that. That's exactly why we have a Human Rights Act to protect people from exactly that kind of attitude.', said MP Ian McClelland. MP Monte Solberg said, "I think Bob should apologize. I think he should explain to people why he said that."

All this comes on the day Justice same Minister Allan Rock began debate on the Liberals controversial gay rights bill. Rock said, "I think Mr. Ringma makes our case. This is why we need human rights legislation in this country."

Just how much trouble Bob Ringma was in was not clear. No one from the upper ranks of the party has Ringma's condemned remarks, but some of the more moderate MPs are upset, worried that what he said reinforces the extremist attitude they're trying to shed.

But it seems one day makes a big difference for Ringma. One day he made a statement saving he wasn't apologizing for what he said, absolutely not. My guess is that after a sleepless night and a sudden change of heart he not only apologized by saying, "I apologize without reservation for

may have caused any person or group. The plain and simple truth is that I made a mistake.", but he also resigned as Reform Party whip. He will keep his seat in the House.

Drag Queens Attend Liz Taylor's Promo

"Hang in, baby, hang in," Elizabeth Taylor said in Vancouver when asked for words of wisdom middle-aged women.

Taylor, 64, sat on a chair in Eaton's lingerie department while answering questions from a crowd of 2,000 admirers who came to see her during her only Canadian appearance on a promotional tour of her new perfume.

The unveiling of Elizabeth Taylor Black Pearls by Elizabeth Arden was marked by stifling heat, fainting by some in audience and an entourage of Liz lookalikes and drag queens.

To the question of if she would ever marry again, the answer was a unequivocal "no."

(SOUTHAN NEW: PAPERS)

Ontario Guarded Gay Rights in 1986

Ontario passed legislation almost 10 vears ago that prohibites discrimination on the basis of sexual orientation.

then In 1986, attorney-general Ian Scott. a Liberal. introduced the Equality

the statements made Rights Statute Law, or Bill 7.

It passed third reading and received royal assent on Dec. 18. 1986. The vote was not recorded.

Peric Only Local MP Opposing Rights Bill

Guided by personal beliefs and the will of constituents. Cambridge MP Janko Peric voted against his own government's bill to amend the Human Rights Act to outlaw discrimination against hornosexuals.

Peric was the only local MP to oppose the bill, but one of 23 Liberals who used the free vote in the House of Commons May 1st to buck the party line and vote with their conscience.

"I believe that every human being should be protected by one law. regardless of who they are or what they are." Peric said from his Ottawa office.

"That's my personal position, and I had close to 5,000 signatures constituents from opposing this bill and only a few phone calls from people who supported it."

With a vote of 178 to 53, the bill received second reading and is now before a Commons committee, which hearing began witnesses shortly after the vote.

Liberal MPs will also he allowed to vote as they like without fear of government reprisal when the bill returns to

the Commons - likely this month - for a third reading.

Waterloo Andrew Telegdi said he supports the bill simply because he is opposed to discrimination based on sexual orientation.

"I just think it's totally wrong...it's not the kind of society that Canada is." Telegdi said. "All you have to do is look around the world and see what hatred and intolerance is bringing us."

Drawing from experiences, personal Telegdi cited incident in the 1970s when he was head of the local agency, Youth in Conflict with the Law.

A gay person who served as a volunteer with the agency suicide committed of because intolerance faced in the community, said.

You've got all kinds of stories like that," he said.

To Kitchener MP John English, passing the bill only makes sense.

think comments by Ringma show why necessary," English said.

"We just have to protect anyone who might be fired or moved to the back of the store because they are of any orientation. whether it be sexual or it be ethnic minorities or whatever," English said.

"It just seems to me that as Liberals, that's one thing we have to believe in."

(KW Record May 2/96)

Stamp Out AIDS

A Vancouver artist who goes by the name Joe Average was in Toronto recently to show his design for an AIDS stamp. He was present at the Church Street Community Centre on May 8 to display the stamp that Canada Post will issue to coincide with the Ni International

Conference on AIDS to be held in Vancouver this summer. The date for the conference is set to be from July 7-12.

I Do....or Do 1?

In the U.S., the House may soon debate a bill to keep homosexual from marriages becoming legal under federal law. It is said the bill is a response to a court case which could force Hawaii to issue marriage licences to same-sex couples.

Republican

Congressman Bob Barr says the measure would allow each state whether or not to recognize the marriage. He says, "Each state does not have to recognize same-sex marriages by another state if it doesn't want to. It (the bill) will be very protective of the individual states rights."

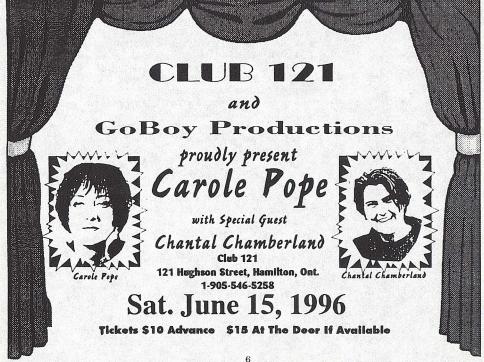
Eight states have already passed laws same-sex prohibiting marriages and bills are pending in eight more.

RuPaul Returns To Hold Court at Fashion Cares

She's still the top guv. RuPaul, MAC Cosmetics first covergirl, brought the house to its feet last year when the diva drag queen entertainer made his debut at Fashion Cares fundraising benefit for the AIDS Committee of Toronto (ACT).

Once again, spokesperson did not disappoint. He was wearing what he called MAC "media" blood-red lipstick and gushed over how he loves working for MAC at appearance in Toronto on May 12. He said he wished "more people would put there money where their mouth is and support this cause."

(Toronto Sun)



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Spice Up Your Life

An herb is a herbaceous plant used as a flavouring or as a medicine. Herbs have a long history - they were used for both their curative and aromatic value by the ancient Egyptians and Persians. Nowadays their medicinal value has been credited, however it is in the flavouring of foods that they are most widely used.

Every national cuisine uses nerbs - and each one has its favourites. In French cuisine 'fine herbs' (a mixture of herbs used together) are popular, in Scandinavia dill, while the Italians use lots of oregano and basil. The most popular herbs in Great Britian. USA and Canada are parsley, thyme, basil and mar joram.

Spices

Spice is the collective name given to various aromatic substances which are used to season and flavour sweet and savoury foods.

Spices have been used for many hundreds of years, each spice having its own history. Originally, they were used to disguise stale foods before refrigeration and processing were introduced.

Spices stimulate the appetite and also gastric juices. Used in moderation, they can enhance almost any kind of food, from cakes and pastries to the most elaborate meat or fish dishes.

Herb Vinegar

It is very easy to make your own herb vinegars, using any fresh herbs that are readily available in similar quantities to those given in this recipe. Only good quality wine vinegar should be used so that the delicate flavour of the herbs is enhanced rather than masked. The vinegar will keep well for several months if stored in a cool, dark place.

Use the vinegar in salad dressings or marinades or whenever wine vinegar is called for in a recipe, to introduce an individual flavour.

1 small onion, finely chopped 1 garlic clove, crushed 1 tablespoon chopped fresh marjoram 2 teaspoons chopped fresh thyme 1 teaspoon chopped fresh rosemary 3 black peppercorns, crushed 1/4 teaspoon salt 5 cups white wine vinegar

Place the onion, garlic, marjoraln, thyme, rosemary, peppercorns and salt in a large mixing bowl.

In a large stainless steel or aluminum saucepan, bring the vinegar to the boil over high heat. Lower the heat and simmer the vinegar until it is reduced by half the original quantity.

Allow the vinegar to cool slightly, and pour into the bowl of herbs. Cover the bowl and leave overnight in a cool place (not the refrigerator) for at least 8 hours. Strain the vinegar into a bowl and then use a funnel to pour it into your favourite decorative bottle. Cover the bottle tightly.

Spice and Nut Cake

A traditional British cake, Spice and Nut Cake is sweet and rich to taste. It has a sweet, moist base and is topped with a crumbly, nutty covering. Serve thinly sliced with coffee, tea or milk.

> 3 oz. plus 2 teaspoons butter 3 tablespoons dark molasses 1/4 cup sugar 1 egg 1 egg white 1-1/2 cups flour 2 teaspoons baking powder 1/4 teaspoon allspice 1/4 teaspoon ground cinnamon 1/4 teaspoon ground ginger 1/8 teaspoon ground cloves juice of 1/2 lemon 1 tablespoon milk 1 cup chopped walnuts 2 teaspoons grated lemon rind

Topping:

2 tablespoons flour, sifted 2 tablespoons brown sugar I teaspoon grated lemon rind 1/2 teaspoon grated nutmeg 2 tablespoons butter 1/3 cup chopped walnuts

First, make the topping. In a medium-sized mixing bowl, combine the flour, sugar. lemon rind and nutmeg. Add the butter and cut it into small pieces with a table knife. With your fingertips, rub the butter into the flour until the mixture resembles coarse breadcrumbs. Stir in the walnuts and set

Preheat the oven to 350 degrees F. Using I teaspoon of the butter, grease a 7" springform cake pan. Line the bottom with waxed paper and grease it with the remaining teaspoon of butter. Set aside.

In a large mixing bowl, beat the remaining butter with a wooden spoon until it is light and fluffy. Stir in the molasses and sugar and beat them into the butter until the mixture is smooth and creamy. Beat in the egg and the egg white.

Sift the flour, baking powder, allspice, cinnamon, ginger and cloves into a medium sized bowl.

Using a large metal spoon, fold the flour mixture into the creamed mixture. Stir in the lemon juice, milk, walnuts and lemon rind and mix well until the ingredients are thoroughly combined. Spoon the batter into the prepared pan. Sprinkle the topping over the batter.

Place the pan in the oven and bake for 1 hour or until a toothpick inserted into the centre comes out clean.

Remove the cake from oven. Allow to cool for 5 minutes and turn it out onto a wire rack to cool completely. Enjoy!

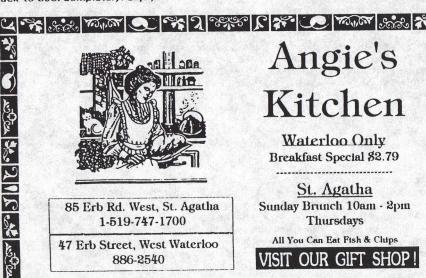
Come Out Of The Closet! The Celluloid Closet that is...

The first 3 Outlook readers to respond by mail will be the lucky winners of a pair of tickets each to see The Celluloid Closet.

All you have to do is jot down your name, address and phone number along with the location and dates The Celluloid Closet will be shown as listed in this issue of Outlook. Mail your entries to:

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*Winners will be notified by phone and a list of winners will be printed in the June issue of Outlook.



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Part IV: The Impact of Jealousy

Most people have experienced the feeling of jealousy at some point in their relationships. For some, it can be a moment of slight irritation, while for others, it can be an all-consuming, everlasting feeling which constantly plays out over and over in the relationship. We would all probably admit that we don't enjoy feeling jealous, or enjoy having to deal with a jealous partner. So, where does this jealousy come from and can we view it as having constructive uses?

The roots of one's jealousy are in childhood experiences with the caretaking adults on whom one was dependent. If, in childhood, a person was physically or emotionally abandoned by a major caretaker, a fear of such abandonment occurring again is likely to plaque that person's intimate relationships as an adult. The fear of abandonment, of loss of love, often gets played out in terms of jealous feelings.

Another factor is if a child becomes too "fused" with the caretaker. The child is never seen as a separate being with separate needs. Unable to relate to that separateness, the caretaker deprives the child of the guidance needed to develop a sense of being able to function independently in the world. Such children, grow up, live with the fear that the person on whom they are emotionally dependent will abandon them, leaving them unable to fend for themselves. These people usually are very threatened by even a hint that they might lose their partner. They are also very reactive to a partners moving away from them emotionally or physically for any reason.

In gay and lesbian relationships, there is often confusion between jealousy and envy. If I had a husband, and another woman was flirting with him, as a heterosexual woman I might be jealous, but I wouldn't be envious. I wouldn't want her to be flirting with me. But, as a lesbian, when another woman flirts with my partner, I might be jealous, and I might be envious because I'd want her to be flirting with me. I am not only threatened by the potential loss of my lover, but I am also envious because my lover is more sexually attractive to this woman than I am. These are separate and distinct experiences, but they may appear to be the same feeling. That can be misleading when one partner is seeking to remedy a jealousy-provoking situation. When we can distinguish between jealousy and envy, we have a better chance of finding remedies that are appropriate to each other.

Jealousy is a self-protective emotion. It serves to alert the person experiencing it to the possibility of the loss of love. Just as it is normal for one to protect anything that is precious in one's life, it is normal to feel jealousy. How you act or react to feeling jealous will have a great impact on your relationship. Violence, anger and placing unrealistic expectations on your partner (i.e. not allowing your partner to function independently) are all destructive ways of dealing with jealousy. If you are acting possessive or controlling towards your partner, you may need to seek counselling. We all have the basic right of freedom, and loving is an extension of our free will. To love someone does not mean you "own" someone.

There are, however, constructive uses of jealousy in a relationship. Jealousy should not be viewed only as a sign of a person's immaturity, or flawed development, or weakness of character. It should be heeded as a warning that something in the person, or something in the relationship, needs attention. So, what can we do to deal with our jealousy so that it

does not spoil our loving experiences but rather helps us maintain a high quality of relationship with our partner? As always, "talking it out" or communication is the key. Can you identify what it is in your partner's behavior that tends to trigger jealous feelings in you? If you can, it might be very helpful to talk to your partner about what this is, and to work out, together, ways in which each of you might do something different to lessen the effects of jealousy-provoking situations.

Paying attention to your partner's jealous feelings, rather than dismissing them, can deepen your understanding of her/his emotional needs. The more each partner understands the other's needs, the more likely it is that the relationship will be fulfilling and will endure

Next Month: The 5th and final installment, "Taking Vows - Making The Commitment"

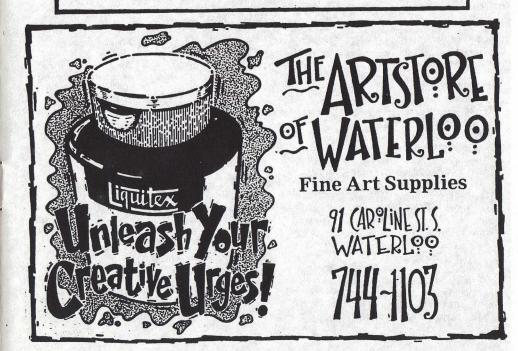


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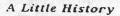
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TRAVEL

Gay Mecca: Provincetown You're Sure To Fall In Love With Old Cape Cod

by Bob Thomas (The Specialist)

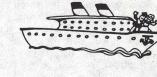


The legend lives on in this quaint old seaport village on the outermost tip of Cape Cod. No summer is complete without at one trip to Provincetown (P-Town, as it is more commonly known) for a weekend. a week, or an entire season. this extremely popular resort for gay men and lesbians.

Provincetown easily accessible by air from Boston's Logan Airport, a short twenty minute flight across Cape Cod on Cape Air to our own small local airport, with several flights a day in each direction.

The ferry is another option. Bay State Cruises operates ferry which leaves from downtown Boston Harbour for a beautiful 3 hour cruise to the middle of P-Town. The ferry runs daily service most of the summer, leaving Boston at 9:00 a.m. and the return leaves Provincetown 3:30 p.m.

Historically, Provincetown has always been a place for people of all types and backgrounds to feel safe and comfortable.



At the end of the last century, New York artists began spending their summers here. Artists loved the natural beauty, and the Cape's unusual light which some say is only found here. With the increase of artists coming to P-Town, the literary crowd shortly followed. Eugene O'Neill spent his summers here and today Norman Mailer can be found at his waterfront home Commercial Street

Because of these factors, P-Town is a tiny town with a big town attitude. It may be a small fishing village, but its got a Greenwich Village mentality during the summer months, and with that comes the open, casual feel that the gay community. flourishes in.

A Gay Mecca

Provincetown is the original gay mecca. with many bars. restaurants, clubs and shops from which to choose. Rainbow flags fly proudly all over the town.

You can enjoy the hoftest tea dance on the east coast at The Boatslip Beach Club. better known "ground zero" for gav

men and lesbians or vacation here. Each day from 3-6 p.m. is reserved for The Boatslip to dance. cruise, party and just have a great time by the bay, and it gets better every year After The Boatslip, the crowds move down the block for the After Tea Tea at the Pied Piper. the popular women's bar, where the action continues for a few more hours.

Recommended Restaurants

Restaurants come in all shapes and sizes, just like the visitors. and the range from fast food places like Mojo's (be sure to try the steak sub), to fine dining at The Mews or Front Street, probably of the best restaurants in town. As with everyplace else in town, you can dress up or down for dinner.

For breakfast, Cafe Heaven is tops, and for seafood you can't beat The Lobster Pot. Be sure to sample local Portuguese fare either Gloria's or The Moors.

Guest House Reservations

Most accommodations Guest P-Town meaning Houses. beautiful sea old captain's houses from the turn of the century found that can be Commercial along Street and any of the streets quaint side Commercial between and Bradford (the two main streets in town).

Nightly rates for a room with double private bath average around \$100.00 US and for a double with a bath, around shared All the guest \$65.00. either houses are gay-owned genuinely gay-friendly.

Most guest houses 3-night 8 minimum on weekends in season with July 4th choose. Great clothing and Carnival Weeks in can be found at Suno's,

august commanding a 7-night minimum -at many of the most popular properties.

In addition to guest houses, there is also a wide array of condos, houses, cottages and apartments available weekly seasonal rentals which accommodate groups of up to ten people and may appeal to those looking for more of the comforts of home.

Shopping

The shopping. P-Town is unmatched, unusual jewellry, crafts and artwork can be found for any budget and taste.

Jewellry Rubv's specializes rings" "committment great and has a selection from which to

the latest and at swimwear Tropez.

forget that Don't P-Town is a famous artist colony. with studios and galleries abounding in the east end of town. Strolling the streets and stopping in the galleries is a pleasant way to spend an evening, if vourre in the market for an original work of art.

National Seashere

Last, but far from least, is the sheer beauty of the Cape Cod Seashore National These dunes beaches were preserved forever by President Kennedy in 1961. The National Park consists of acres and acres of dunes overlooking the sea where you can find privacy to commune with nature or you can be with hundreds of



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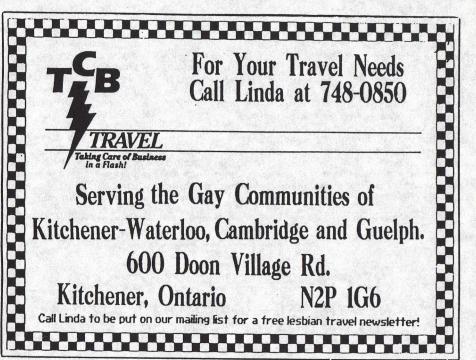
Provincetown is becoming more and more popular in the Fall and Winter months every year, as attested to by the annual Women's Week

in October which attracts thousands of women from throughout the country, Single Men's Weekend in November and New Year's Eve. The guest houses, restaurants and clubs are consistently "sold out".

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the most comfortable places for gay men and lesbians to be themselves whatever the season. Walking hand-in-hand is commonplace on any street, and there's no need to self-conscious or "bad worried about areas" here... everv street is a gay street in Provincetown.





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The Celluloid Closet

Rob Epstein, Jeffrey Friedman (U.S.A. 1996)

The film treatment of 1981 Vito Russo's landmark book chronicling the depiction of gay and lesbian characters in popular Hollywood films has been long awaited. subject Though the matter cried out to be seen on screen, it took the heroic efforts of Academy Award winning directors/producers Rob Epstein and Jeffrey Friedman to finally make this a reality. Gays have been with us since the image of two dancing together were depicted in a surviving Thomas Edison test strip. in films from the early teens and twenties, gays were often seen as humourous characters. but by the early thirties scenes like Clara Bow taking the audience into a gay bar in Call Her Savage became just too threatening conservative America. Hollywood succumbed to the Hays code in 1934, which prohibited the "sex depiction of perversion," from and then until the late sixties and lesbian characters would have to subvert the censors as neurotics. sissies psychopaths, or by using

innuendo. Years in the The Celluloid making, Closet contains a historic collection of 120 movie clips and interviews with many of the filmmakers actors and portrayed homosexuality on screen, including Tony Tom Hanks, Curtis. Whoopi Goldberg, Shirley MacLaine, Farley Granger, Harvey Fierstein, Susan Sarandon, Gore Vidal and John Schlesinger. Co-executive produced and narrated by Lily Tomlin, the film explores how attitudes about homosexuality and sex have changed through the years. With and humourous sometimes disturbing arguments, the evidence mounts to create a portrait powerful propaganda and the sexual evolution through this most public of mediums.

> June 18 -7:00 p.m. June 19 - 9:25 p.m. June 20 - 7:00 p.m.

"An immensely entertaining, galloping reflection on screen perceptions of lesbians and gay men."

From the creators of Common Threads and The Life and Times of Harvey Milk. "Funny and Informative"

"Exceptional"

• Antonia's Line • Marlene Gorris (Netherlands) 1995 Winner of this year's Oscar for Best Foreign Language Film, Antonia's Line is a funny, intelligent and life-affirming drama that recounts the joys and traumas of four generations of Dutch women.

June 12-13 - 7:00 p.m.

Brain Candy •
Kelly Makin (U.S.A., 1996)
TV's funniest comedy troupe make their big screen debut with this hilanous tale of an evil that gets hold of a drug that cures depression.

June 13 - 9:10 p.m.

• The Birdcage • Mike Nichols (U.S.A. 1996). This remake of La Cage Aux Folles stars Robin Williams and Nathan Lane as gay parents who have to play it straight when their son invites his fiance's conservative parents over for a dinner party.

June 27 - 7:00 p.m.

These reviews are courtesy of The Princess Cinema Film Guide, May-June 1996.

*For a complete listing of movies shown, please consult The Film Guide available at the Cinema!

Reader's Corner

Viewpoints, Opinions, Letters and Personal Stories/Poetry

Kudos To Patricia

For those of you who keep an eye on the editorial page of the KW Record you've probably noticed once again the attack on the gay and lesbian community by none other than Ericka Kubassek. This is not the first time she has sent in her views concerning our community; and it probably won't be her last. Whenever the subject arises, (gay rights or gay issues in general) she seems to be right there.

You may recall she was the moving force when a group of demonstrators marched upon Circles Nightclub to oppose the opening of a gay bar in downtown Kitchener. She was also a voice to be heard when the first annual pride celebrations were being planned for Waterloo Region, and of course she had to speak up when Project Angel (Waterloo Region AIDS Memorial) plans were announced. Project Angel is an AIDS issue, which is a health issue, not a gay issue, but of course I'm sure Mrs. Kubassek would not see it this way. My guess is that she'd say RIDS is a gay issue and that the gay male community is the only one at fault for its existence.

Apparently she was speaking on behalf of God; or so she says. What I want to know is, when was she, Ericka Kubassek, awarded the position of being God's spokesperson? We as a community cannot tolerate her spreading hatred and fear among our community; especially for young lesbians and gay men just coming to terms with their sexuality. This could be devastating to those individuals.

Fortunately not all Christians share

her view. The following is a letter to the editor from "The KW Record, May 4, 1996.....

Christians Don't Share Bigotry

Ericka Kubassek's vicious April 29 Second Opinion column attack on homosexuals in the name of Christianity, and on behalf of all Christians, left me feeling sickened and apalled.

On the pretence of discussing the general moral decay of society, she repeatedly reverts back to her own obvious agenda – triggered, no doubt, by the government's recent introduction of an amendment to the Human Rights Act. Perhaps the headline should have been, Christianity Condemns Homosexuality As Immoral.

While Kubassek is entitled to her opinions, as are we all in this country. to attribute her views to the vast majority of Christians is simply ludicrous.

Those are her views and hers alone. As a Christian, I resent the suggestion that I must share such bigoted and hateful opinions.

I consider myself to be a Christian. It is also my fondest hope that I will be remembered as a compassionate, open-minded, and caring individual. Kubassek also considers herself to be a Christian.

I wonder how she hopes to be remembered?

Patricia Yeates Waterloo

* Happy Birthday to our good friend Wendy. We hope you have a great day. Love Mark & Rick

The Adventures of Catherine and Via



Untitled

Gome away, my love, from streets
Where unkind eyes divide,
And shop windows reflect our difference.
To the shelter of our faithful room rest.

There, safe from opinions, being behind Myself, I can see only you;
And in your dark eyes my grey
Will dissolve.

The candlelight throws
Two dark shadows on the wall
Which marga into one as I close baside you

When at last the lights are out, And I feel your hand in mine, Two women join in one breath. And the piano weaves Its unchallenged harmony.

"Catherine



VOLUNTEER WANTED! Are you interested in sports? Do you have access to schedules, dates, times and locations of upcoming sporting events? We would like to hear from you. Whether it be hockey, baseball, bowling etc. and you have this interest, Magazine contact Outlook 570-3453 or write to us at the mailing address found at beginning of this issue. This is your chance to write a Sports section for Outlook and keep the gay and lesbian community in touch with what is happening within our community. Call us now!

A special birthday wish goes out to Cheryl, our favourite bartender at Club Renaissance. Keep up the great job you're doing.

xoxo

Rill C-33

From the introduction of legislation to protect gay rights to the passing of the third reading.

April 27

Justice Minister Allan Rock says he will introduce legislation to protect gay rights within days. Although several Liberal MPs have warned they would vote against such legislation, poll results suggest a majority of Canadians would support it.

April 28

The Human Rights Amendment tabled by Allan Rock will not guarantee a better life for homosexuals, but it does finally make the law clear on discrimination. "You're not allowed to exclude someone from a facility. You're not to fire somebody from their job or deny them advancement because of any of the prohibited grounds; age, sex, race, national origin and now sexual orientation," said Rock. But even as Rock promoted the change. Liberal backbenchers such as Dan McTeague were speaking out against it He said, "No one wants discrimination in this country. This bill is not about discrimination. This bill is about same-sex benefits, and I think the Canadian people are owed an obligation at least to find out why this bill came forward."

Opposition Reform members are also against extending protection to homosexuals. "They do not necessarily want to open up the definition of family or spousal benefits or any of those things and vet those things will be what we will see," said Reform critic Sharon Haves.

The Catholic church shares some of these concerns. It's official position is against any kind of discrimination. The church is also against what it calls a right to behavior that it considers morally wrong.

Reverend Brent Hawkes has a different view. Hawkes ministers to a congregation that is overwhelmingly homosexual. "There are a lot of areas in the federal jurisdiction that presently are not covered by provincial human rights codes, and it is absolutely crucial that gays and lesbians throughout Canada are going to have protection in the federal jurisdiction that this legislation not only be introduced, but also passed." savs Hawkes.

A 1994 letter from the Prime Minister's office said there would be no free vote on the Human Rights Amendments. Said John Fisher from Equality for Gays and Lesbians Everywhere (EGALE), "Canadians will be watching very closely to see whether the Prime Minister keeps his word or whether he breaks his promise and displays a lack of integrity by failing to show leadership on this important issue."

Several provinces have already amended their human rights codes to protect homosexuals against discrimination based on sexual orientation.

Ottawa is just catching up. It's about time!

Insurance analyst Chris Thompson is living proof that discrimination against homosexuals still exists. In his case, discrimination came in the form of a split lip, broken teeth and the scars left after he was punched and kicked, all because he is gay. He says, "This nice scar on my face came from a physical altercation; just walking down the street minding my own business a few fellows decided that I was not what they liked. I was not what they wanted in their city or their neighbourhood and jumped out of their car and decided they would let me know that."

Ontario has been in the forefront of the battle for gay rights in Canada. Ten years ago, the province changed it's laws to protect homosexuals from discrimination in housing and hiring. At least 6 other provinces have similar laws.

The recent public opinion poll found a solid majority of Canadians (59%) would support legislation protecting gays and lesbians from discrimination. Although, the Angus-Reid poll also found that there's some opposition in rural provinces like Alberta. Some MPs opposed to the proposed change are pressing for a free vote on the issue.

Says gay activist Michael Leshner, "The Prime Minister is the head honcho He is supposed to lead. He's not supposed to play a GST-like compromise with my citizenship and my human rights. I am not for sale Mr. Chretien

It's that simple."

Chris Thompson agrees some Canadians are worried that changes in the law will undermine family values. But he says gays and lesbians only want the same protection as other minorities. "It's alot to do with acceptance, not just tolerance." he says.

April 29

Federal Justice Minister Allan Rock delivered on a longtime promise today. He introduced legislation that will prohibit discrimination based on sexual orientation. Rock says it will give gays and lesbians the same basic protection against discrimination as all other Canadians. But what he didn't say was whether he'll follow through on another government promise.

When Rock introduced the legislation he looked bouvant. Not surprising since he's finally coming through on a promise no less than seven consecutive justice ministers have failed to deliver. "It's basic fundamenta. human rights. You don't have to sit at the back of the bus.", he says.

Rock's bill will amend the Canadian Human Rights Act to prohibit discrimination based on sexual orientation. Gay and lesbians have demanded it for years. Other provinces and territories have already included it their human rights codes. Even the courts have ruled it's a right gays and lesbians deserve.

Some Canadians are convinced it means special rights for homosexuals including some Liberals who have already said they'll vote against it.

The clash in the Liberal caucus over this is obvious. Rock still can't say whether MPs will be allowed a free vote on this bill, or whether they'll be ordered to tow the party line. "The question of a free vote or government vote is for the Prime Minister to decide." he said.

That also means deciding whether to keep a promise. A promise made in writing by Chretien's senior advisor. It states, 'The bill will not be subject to a free vote.' Gay activists wonder why the hesitation now. "I'm surprised and apalled that the Prime Minister appears to be racked with indecision on this very simple issue." says John Fisher from EGALE.

It's not simple because whatever the Prime Minister decides, he risks alienating someone. A free vote will irritate gay activists who say this is a matter of human rights, not morality. A discipline vote will irritate some Liberal backbenchers who are morally opposed to gay rights and feel they can't vote for it.

May 1

Even though the promise for protection was made during the last election, the Prime Minister has decided to let MPs vote according to their conscience and not party lines. Another broken promise!

MP Svend Robinson said, "You don't subject basic human rights to a free

vote. It's outrageous."

In front of Parliament Hill gay rights advocates burned what they say

was a broken promise to enforce party discipline and accused Prime Minister Jean Chretien of tolerating what he's condemned in the Reform Party.

John Fisher says, "Effectively he's endorsing homophobia. He's saying to the people in his caucus who are deeply prejudiced, 'Hey, you have a place within the Liberal Party to express your prejudice."

May 2

A controversial law that would ban discrimination based on sexual orientation has been overwhelmingly approved in principle by a 178 - 53 free vote in the House of Commons.

Liberal MPs were given the right to vote according to their conscience by Prime Minister Jean Chretien and 23 of them voted against the governments legislation.

They were joined by all 29 Reform MPs in the House and independent MP Jag Bhaduria in voting against long-promised legislation to amend the

Canadian Human Rights Act.

But the Liberals, with their huge majority of MPs, ensured the legislation would be approved. They were supported by Bloc Quebecois and New Democrat MPs. Two Conservative MPs, including Jean Charest, were absent.

"Probably we will win with a big majority," Chretien confidently

predicted before the vote.

That confidence - following weeks of internal polling of Liberal MPs allowed him to tell MPs they did not have to support the government. Cabinet members were required to support the legislation.

Bill C-33, which would add the words "sexual orientation" as a prohibited ground of discrimination in the act, must be voted on one more time and

approved by the Senate before it becomes law.

The act, which covers the government and employers in federal jurisdiction such as banks and airlines, already outlaws discrimination on the grounds of age, sex, race, religion and disability.

But, attempting to add homosexuals and lesbians to that list has been a politically explosive issue for Chretien. It has dominated discussion at recent Liberal caucus meetings and produced a number of ugly exchanges both publicly and behind closed doors.

The rebellious Liberals, many from Southwestern Ontario, had been browbeaten into supporting the government's gun control legislation and a hate-crimes law that provided added protection for gays. They were not about to do it again.

Faced with a mini-rebellion in the ranks, Chretien decided to allow the

first free vote on a government bill since he came to power in 1993.

"I feel good about what I've done," Liberal MP Paul Steckle said after voting against Bill C-33. "I can go back with my integrity to the people who elected me. I've lived up to my commitments. I made the promise and I've delivered."

The proposed law also contains a preamble that says "the government recognizes and affirms the importance of family as the foundation of Canadian society" and that nothing in this proposed law "alters its fundamental role in society."

Sources say this provision convinced some wavering Liberals to support the law.

The maverick MPs have been bombarded by constituents who believe that the law would establish a dangerous precedent that would lead to gay couples receiving federal social benefits, gay and lesbian marriages and adoptions.

Liberal MP Dan McTeague, who voted against the bill, said afterward. "It is not about discrimination. This bill is about extending to gays and lesbians same-sex benefits."

Justice Minister Allan Rock insists such fears are grossly exaggerated. He said over the last 20 years, eight provinces and territories have added-the words to their human rights codes without those consequences.

MP Roseanne Skoke welcomed the Prime Minister's decision to allow a free vote and voted against the bill. But she was not happy with the speed with which the government was moving to have the legislation approved. Closure was invoked to interrupt debate before the May 1st vote.

(David Vienneau, Toronto Star)

May 9 - Before the final vote

The controversial gay rights bill is expected to pass the third and final reading in the House of Commons today. It will change the Human Rights Act to prevent discrimination on the basis of sexual orientation.

Justice Minister Allan Rock denies claims that the government has rushed the bill. He says, "The time for discussion is passed. It is now time to act. I don't think that it's possible for anyone to raise a new point with respect to these issues. We have traded positions; I hope we have influenced some votes and changed some minds, but now I think it's time to act. That's why I'm looking forward to the vote at the end of the day, so we can get this done, amend the act and move on."

Meanwhile, the Reform party which has turned itself inside out over the issue is still creating controversy. A Manitoba Reformer is now suggesting that the legislation could take Canada toward civil war. That after another Reform MP said the bill would result in the spread of homosexuality and disease in Canada.

Grant Hill is a medical doctor and a Reformer against granting human rights protection to homosexuals. Hill brought a medical textbook to caucus to show why. He pointed out a condition called "gay bowel syndrome" specific to gays. He handed out copies of this data to other caucus members, probably to sway their decision on the vote. Just how far will these Reformers go?

Hill's comments came before and after Preston Manning implemented his tough new standards for Reform MPs conduct. Manning suspended three caucus members this week over recent incidents, but he brushed aside Dr. Hill's anti-gay stand. Manning said, "Dr. Hill's comments, as I understand, made a medical comment on medical conditions associated with the homosexual lifestyle. That's neither central to the Reform position, but he stated it as his medical opinion."

Hill's medical opinion goes further, alleging that gay rights protection could lead to paedophelia. Fellow Reform MP Keith Martin, also a doctor, disagrees. He said, "Paedophelia is wrong in this country, it's illegal as it must be. Bill C-33 is a very different issue and has nothing to do with that as far as I'm concerned."

This latest controversy only further confuses Reform's position on the Human Rights Amendment. They are a party for non-discrimination says leader Preston Manning, and they will vote against adding homosexuals to the list of protected groups.

Conservative leader Jean Charest also seems to have some confusion about this issue in his tiny caucus. A fellow Consevative MP says approval of the Human Rights Amendment for homosexuals would just be the first step. She believes it could lead to same-sex benefits, marriages and adoptions.

Ottawa's gay rights bill is one step away from becoming law tonight. The historic legislation passed third and final reading in the House of Commons today. The results of the vote were as follows: 153 for and 76 against the amendment to the Human Rights Act.

Despite the debate leading up to this vote, tonight was a cause for celebration within the gay community. In Toronto, a rally was formed and a large group of people marched through the streets,

despite the dismal weather.

"It's obviously a very important day for the community. It's not as

far as I think we want to be, but, one day at a time.

It's a step forward at least," says Deborah Pearce. Another marcher. Jim Shuparski says, "The federal legislation doesn't include statutes which are going to allow us to have our pensions equal and spousal arrangements for those type of things, so we still have a fight ahead of us.

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A Monthly Guide To Popular Dance Music And Current Club Anthems

1. Love Hangover (the Joey Negro mix)

2. Giv Me Luv (original mix)

3. Hideaway (Deep Dish mix)

4. Children

5. Hyperballad (David Morales remix)

6. The Lover That You Are

7. Happiness (Europeam remix)

8. Wrong (Deep Dish remix) 9. Xanadu 96 (Direct Hit remix)

10. Your Love (Paris Is Burning Club mix)

11. Love Is The Drug (Rollo & Sister Bliss mix)

12. Hallo Spaceboy (PSB 12" mix)

13. Theme From S'Express (Aquarius 96 Version)

14. Space Oasis (Junior's South Beach mix)

15. Be As One (Epic House 12" mix)

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Party On!

On the most obvious level, it's a gay take on Move Over, Mrs. Markham - a sexual send-up that substitutes dropping drawers for slamming doors.

But even though Party's seven male cast members end the show in the nude, some of the plays most naked moments have nothing to do with clothes.

They happen when the issues of sexuality slip aside to offer fleeting glimpses of more human issues that bind us all.

Unlike most plays, in this genre, Party offers sexuality, not as a tragic subtext, but as a broad and bawdy celebration of acceptance. From there, it moves on to touch with feeling and like on things honesty relationships, grief, rejection, friendship and family.

To hold it up to the work to which it almost brazenly demands comparison, this is The Boys In The Band singing Don't Cry For Me Argentina.

Written by David Dillon, Party opened in its Canadian premiere May 8 at Canadian Stage's Berkeley Street Theatre, produced under the auspices of Followspot Theatre, with Michael Leavitt, Fox Theatricals and Leonard Soloway.

Set in an apartment in Toronto in the here and now, it is a story of seven gay men who, for their monthly gathering, have elected to play a souped up version of Truth or Dare.

Secure in the history of shared friendship. it becomes a sexually-charged sawoff between fact and fantasy that is often hilarious, sometimes touching, and is unabashedly raunchy as an ingrown locker room.

Reviewed in its final preview, this production features an enthusiastic ensemble that's still developing finesse. Under the direction of Brian Kremen, the level of acting achieved in performance is acceptable and sometimes better, but the reacting - subtext in the shorthand of friendship - is only beginning to emerge.

Thanks to Dillon's often raunchy script, we know of the groups interwoven history, but Kremen has yet to draw that history from a cast that includes Whynot, Michael Geoffrey Rawley, Dennis Cutts, Glen Peloso, Cameron Graham, Marko Gamula and Adrian Proszowski. And it is that subtext that elevates Party beyond the level of a simple skin show.

With set and costumes by Doug Robinson, with 90 unacredited costume assist by Mother Nature, Party emerges as a romp, offering plenty to offend just about everyone determined to be offended.

Checky and irrepressible, it flies in the face of serious social and theatrical convention, and happily, it's bound to get better, which for many, of course, will only make it worse.

Regardless of orientation, for a good time, the broadminded are encouraged to call the boxoffice.

The Berkeley Street Theatre (416) 368-3110

(John Coulbourn, Toronto Sun)

Cable 10%

Based out of Toronto this program covers topics of interest and lesbian the gay community. Tune in and find out about issues that concern us in all fields - entertainment, health, politics, etc. Airs 7pm. Thursday, May 16 on Rogers Community 10. (Channel 20 in Waterloo Region).

Romanovsky & Phillips

Gay Fathers of Toronto present the return engagement of Romanovsky and Phillips. Tickets are available at Glad Day Book Store, This Ain't The Rosedale Library and Women's Book Store in Toronto at \$15 or get them at the door for \$18.

Jarvis Collegiate (Jarvis at Wellesley) May 31, 1996 8 p.m.

6th Annual Lesbian & Gay Film and Video Festival of Toronto

May 23rd to June 2nd, 1996

Program guides and schedules available now. Advance box office opens at the Inside Out office. 401 Richmond St. W., Suite 456.

LESBO ITALIANO A Queer Variety Extravaganza

Jelleyfish Productions presents Lea Delaria and Maggie Cassella Tallulah's Cabaret. Alexander St. Toronto. Tickets \$14 advance/\$16 door. Call for tickets and showtimes: (416) 975-8555. May 22 - 26.

I Fall To Pieces

The Award-winning musical tribute to Patsy Cline is a look at her amazing career from honky tonks and radio shows to her triumphant appearances in Las Vegas and Carnegie Hall. You'll laugh, cry, and stomp your feet to the passionate and powerful music of Patsy Cline. You'll hear your favourite hits including Crazy, I Fall to Pieces, She's Got You and many more. Toronto's Oueen Elizabeth Theatre at Exhibition Place is the perfect setting for Patsy, created by Dean Regan and starring Gail Bliss. The beautiful costumes and superb sets only add to the magic of Patsy.

May 14 - September 1, 1996 8 Shows per week. Tuesday - Saturday at 8:00 p.m. Wed., Sat., & Sun. 2:00 p.m.

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BINGO!

you're a Bingo fanatic and can't seem to put that dabber away, bring it down to Uptown Bingo Palace in Waterloo. You'll get your fix of Bingo and at the same time help support ACCKWA (The AIDS Commitee Cambridge, Kitchener, Waterloo and Area). These games ongoing events which help raise funds and awareness for our local AIDS Service Organization. COME ON OUT! Upcoming BINGO will be held at Uptown Bingo Palace, 17 King Street, South in Waterloo on:

Fri. May 31 Ham-3pm Sun. June 2 Ham-3pm Mon. June 10 3pm-7pm Tues, June 18 7pm-Hpm

1 E 1

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Bash

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Join us and bring some friends to the next GLBE dance at the schoolhouse; 611 Silvercreek Pkwy., just north of Hwy. 6; a unique and intimate place to party...
Friday, May 31, 1996 Admission: \$4.00 LLBO Licensed Info. call

0

Gay, Lesbian and Bisexual Youth Group A discussion group for gay. lesbian and bisexual youth (16-25) is currently running. If you are interested, call Rob at 570-3687.

* * * * * * *

The Rainbow Chorus presents Global Harmonies ...a concert Saturday, May 25 8:30 p.m. United Chalmer's Church. 50 Quebec Street Guelph, Ontario Tickets \$8 Advance \$10 Door Reception to follow with refreshments and hors d'oeuvres! For more info. call Frank Fita at

Carole Pope and Chantal Chamberland Share The Same Stage In Hamilton

For those of you who had the pleasure to catch Carole Pope at Club Renaissance last month you'll be glad to know she'll be performing at another gay venue within driving distance on June 15.

Opening for Carole will be the well Chantal known Chamberland. This will be quite the bang for your buck. Two acts for one ticket price. Get vour This tickets soon! of night will entertainment take place at Club 121. 121 Hughson Street in Hamilton.

\$10 advance & \$15 at the door.

Also, look forward to seeing Carole Pope at this years annual Pride Day Celebrations in London. HALO and Go-Boy Productions are jointly working on this event and it is tenatively set to be an outdoor performance.

In the mean time, you can catch up with Chantal at the following locations in the near future:

May 25 - LaLuna, Hamilton June 14 - Undermount Hamilton



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Learning Together About HIV



Part 9 of a 13 part series.

Gastro-Intestinal Diseases

HIV disease and the numerous AIDS related opportunistic infections that result from the decreased immune response can affect the entire G.I. (gastro-intestinal) tract - from mouth lesions to diarrhea and rectal abscesses. Not only do these infections decrease the ability to eat or absorb a healthy diet, they are often painful and debilitating.

Malnutrition is known to aggravate immune deficiency and has been cited as a co-factor in the progression of HIV disease. There can be any number of causes of anorexia (loss of appetite) or refuctance to eat. Abdominal cramping and pain, incessant diarrhea, mouth sores and altered taste sensation can be caused by pathogens, medications, or a combination of both. The result is a loss of lean body mass and a depletion of fat stores.

Appetite stimulating drugs such as Megace have been used with some success, and as people become more ill, Total Parenteral Nutrition (TPN) and/or enteral (tube) feeding have been helpful with a limited number of people.

In early HIV infection, healthy eating habits and prompt treatment of G.I. infections are the most effective strategies used to combat malnutrition and weight loss. Later in the disease process, people with AIDS tend to seek out high calorie, high protein diets and supplements - "fattening foods" and cholesterol levels that are seldom a concern for someone living with AIDS.

Oral Infections

Candidiasis (Thrush)

Thrush is caused by a fungus or yeast known as Candida

Albicans. When an individual is HIV positive and develops oral candidiasis, it is often a sign of declining immune function.

Oral thrush is the most common fungal infection seen in HIV infected individuals and throat, vaginal and anal yeast infections are frequently endured by persons with AIDS. If unchecked, either by immune response or medications, this yeast can infect the entire gut, the lungs and airways and occasionally, get into the blood stream and cause a systemic (whole body) infection.

When a person with HIV develops throat Candidiasis, it is an AIDS defining infection.

Symptoms

.sore throat/mouth - pain with swallowing
.reddened sore areas on the tongue, palate or gums - often on the outer edges of the back of the tongue
.white patchy spots (often looks like cottage cheese)
.altered sense of taste

Diagnosis

Diagnosis is often made through visual examination by a physician and confirmed by laboratory examination (gram stain) of the yeast buds.

Treatment

Nystatin suspension (Mycostatin)

-liquid that is held in the mouth for up to 5 minutes and then swallowed. (NOTE: Because Nystatin suspension has a high sugar content that may encourage yeast growth and contribute to dental cavities, it may not be the drug of choice for many HIV positive people). Clotrimazole - tablets sucked and

swallowed 4-5 times per day.

Ketoconazole - 200 mg/day taken orally

Fluconazole - 50-100 mg/day taken orally.

Fluconazole is often effective for resistant strains of yeast and is used for long term prophylactic therapy.

Amphoteracin B (intravenously) - only used for advanced, severe oesophageal (throat) or systemic infections.

Herpes Simplex

There are several types of Herpes virus that can and do infect humans. Heroes simplex (HSV-1) is the virus that causes mouth lesions, the most common being the cold sore or fever blister. Once an individual has had a cold sore, the virus remains in the body. In HIV infected people, re-activation of HSV-1 can cause sores on the palate (roof of the mouth), gums and tongue, as well as on the lips or in the nose. If the immune system is severely damaged, HSV-1 lesions can occur in the throat and bowel or may, in rare occasions infect the brain.

Symptoms

HSV-1 lesions have a typical appearance that is familiar to many of us. Small raised bumps or fluid-filled blisters erupt and then break and crust over. The lesions can be quite tender and are often itchy and swollen.

Diagnosis

Doctors can usually diagnose herpes simply by visual examination and this can be confirmed by laboratory culture.

Treatment

Acyclovir (Zovirax) - a topical ointment applied directly to the lesions is the first line of treatment for HSV-1. Acyclovir is also available in a pill form or by intravenous infusion. Oral Acyclovir is often prescribed in advanced HIV infection for prevention of recurrence.

.Foscarnet - used intravenously in extremely severe cases.

Kaposi's Sarcoma (K.S.)

Kaposi's Sarcoma is the most common malignancy (cancer) seen in persons with AIDS. It is a form of skin cancer and is frequently seen in the mouth on the palate, gums and tongue. K.S. lesions are bluish-purple in colour, flat or slightly raised and resemble a bruise. One or more lesions may develop, and as they increase in size they may bleed or interfere with speech and chewing. Oral K.S. lesions can be treated with localized radiation. liquid nitrogen or vinblastine (chemotherapy). If the lesions are small or not interfering with eating or speech, they may be left untreated. although closely watched.

Dry Mouth

This is a common symptom in HIV disease and may be a complication of HIV itself or a side effect of drugs. This is an irritating symptom that makes chewing and swallowing difficult and can increase the risk of oral yeast infections. Thus far, the management of dry mouth consists of encouraging a high fluid diet and chewing sugar-free gum. Sucking citrus flavoured hard candies may also help.

Stomach/Bowel

The gut is one of the frequently affected systems in the body of an HIV infected person.

Nausea, vomitting, loss of appetite, altered taste sensation, abdominal pain and cramping and diarrhea may be experienced in varying degrees throughout the course of HIV disease.

The causative organisms can be viral, bacterial, fungal or protozoal. In cases where no other pathogen is found, HIV itself is thought to be targeting the gut. Maintaining body weight can be an ongoing struggle.

The first step in diagnosing gastro-intestinal infections is by stool specimens, and this is clearly the least invasive method. analysis vields stool inconclusive results. more uncomfortable invasive and procedures (gastroscopy, colonoscopy) may be necessary.

Both the infections and the examinations are uncomfortable and negatively impact quality of life for people with AIDS. Early diagnosis and prompt treatment are often successful in relieving symptoms.

Mycobacterium Avium Complex (MAC)

mycobacterial MAC infection caused by two organisms mycobacterium avium (a pathogen found in bird droppings) and mycobacterium (found intracellularae household dust, soil and water). Like many other opportunistic

all been infections, we have these normally exposed to environmenta! occurring

pathogens.

In HIV infected individuals. reactivates when the MAC damage to the immune system is extensive (CD4 count less than 100). MAC is an AIDS defining illness. MAC tends to be a systemic infection, found in blood well as stoo! cultures as specimens, but can take up to 6 weeks to grow in culture to confirm the diagnosis. These bacteria are often resistant to antibiotics and require muti-drug approach to treatment. For some individuals, medication side effects are difficult to endure.

Some sources suggest that MAC is responsible, at least in part. for the progressive wasting (loss of weight) seen in many people with AIDS.

Symptoms

fever - with or without night sweats

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with abdominal pain wasting - unwanted weight loss without dieting/poor appetite

Diagnosis

weakness

stool and blood cultures - these can take up to six weeks to produce results direct biopsy of bowel tissue

.fatigue - low energy levels and

.diarrhea - frequent liquid stools

Treatment

multi-drug treatment is required. Currently, one of the preferred regimes include:

.Ciproflaxin .Ethambutol .Rifampin .Clofazamine

.Clarithromycin, Rifabutin Amikacin may also be used.

In people with a CD4 count of 100 or less, Rifabutin may be given prophylactically.

Cryptosporidiosis

One of the nastiest parasites to take up residence in the gut is Cryptosporidium, which lives in farm animals and is passed to humans via water or food contaminated by animal feces. This organism causes profound diarrhea that can result in severe dehydration and electrolyte (blood chemical) imbalance. It can contribute to weight loss and malnutrition and, when severe, often results in hospilization for fluid and electrolyte replacement. Intravenous fluid replacement may also be required at home.

Symptoms

.massive watery diarrhea - up to 20 or more episodes daily abdominal cramping and gas pains .dehydration weight loss

Diagnosis

stool specimens are tested for ova and parasites and several specimens may be required before the parasite cyst is isolated.

Treatment

Azithromycin and Paromomycin -with limited success .high fluid intake to avoid dehydration anti-diarrheals, such as Lomotil or Immodium Acetaminophen - may be helpful in relieving cramps

Cytomegalovirus (CMV)

CMV is a cousin of the herpes virus and is very common in Western cultures. Many of us are infected in early childhood. CMV can easily be spread from person to person via mucus contact (kissing, sexually) or through blood and bodily fluids.

The most common site of CMV infection in HIV infected people is in the retina. In the gut, CMV infects the colon, causing CMV colonitis (inflammation of the colon) which results in abdominal discomfort, weight loss and diarrhea.

Symptoms

diarrhea - frequent liquid stools abdominal pain and cramping

Diagnosis

.CMV colonitis is definitely diagnosed on biopsy obtained via sigmoid or colonoscopy. This is uncomfortable. invasive procedure, but it is necessary for accurate diagnosis.

Treatment

CMV is treated with one of two intravenous medications that can be delivered either in a hospital day ward or at home. .Gancyclovir (DHPG) intravenous infusion Foscarnet - intravenous infusion

High dose oral Acyclovir may be recommended to prevent CMV in persons with severely reduced immune function - CD4 count less than 100.

30

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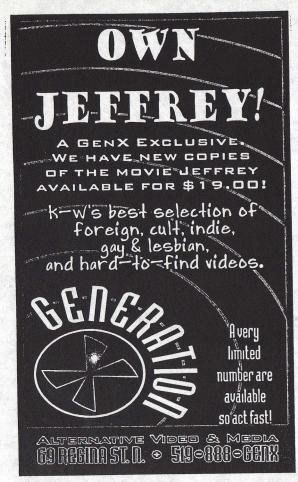
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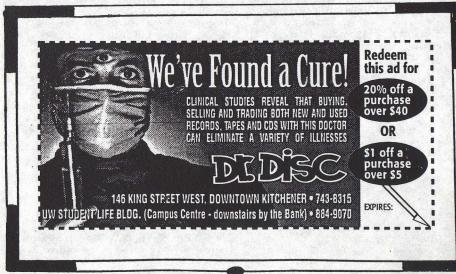
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AIDS Clinical Trials Hotline Information on FDA listed clinical trials accessible from Canada. 1-800-TRIALS-A

AIDS Committee of Guelph and Wellington County 265 Woolwich Street Guelph, Ontario 763-2255

AIDS Hotline Ontario Ministry of Health 1-800-668-2437

AIDS Information and Education 205 Queen Street E. Fergus, Ontario 843-2460

Brethern Mennonite Council for Gays and Lesbians
-A social, spiritual and educational group for gay/lesbian/bisexual Mennonites, Brethern and affiliates. Churchgoers and non-churchgoers who are interested in connecting with others who share these roots and influences, write to: B.M.C. P.O.Box 43031, Eastwood Square Kitchener, Ontario N2H 6S9

Canadian AIDS Society Ottawa 1-613-230-3580

Community AIDS Treatment Information Exchange (CATIE) Toronto 1-416-944-1916

CKWBL (Cambridge, Kitchener. Waterloo Bisexual Liberation) P.O. Box 28002, Parkdale P.O. Waterloo, Ontario N2L 6J8 DISTRESS LINE Kitchener 745-1166

GLLOW (Gay and Lesbian Liberation of Waterloo) University of Waterloo

Guelph Gay, Lesbian and Bisexual Equality
Guelph

Lesbian, Gay and Bisexual Youth Line 1-800-268-YOUTH

Ontario AIDS Network Toronto 1-416-364-4555

PROJECT ANGEL (Waterloo Region AIDS Memorial) 250 Dundas St. S. Suite 221 Cambridge, Ontario NIR 8A8

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Waterloo Region Alliance for Equal Rights

Women's Centre University of Waterloo 888-4567 ext. 3457

WOODS (Women Out Of Doors) P.O. Box 13 Campus Centre Postal Outlet Waterloo, Ontario N2L 3G0

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OUT AND ABOUT with your hosts Dave and Alan airs alternate Tuesdays on CKWR 98.7 FM 8:30 10:00 pm.

WOMENSPIN on CKMS 100.3 FM Wednesdays from 6:00 - 8:00 pm.

NOWHERE TO HIDE airs Wednesdays from 8pm - 9pm on CKMS 100.3 FM.

Thursdays, listen in for LEAPING LESBIANS on CKMS 100.3 FM from 6pm - 8pm.

CIUT 89.5 FM is home to GAYWIRE every Thursday at 7pm.

THE RAINBOW RADIO NETWORK can be heard Thursdays on CHRW 947 FM at 10:15 pm.

WOMYN MADE COLLECTIVE SHOW airs Mondays from 6 - 7 p.m. on CFRU 93.3 FM

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Sunday Driver

Nestled in the midst of Mennonite country just a few kilometres from St. Jacobs lies the quaint village of Conestogo. The village hosts a number of small gift shops and an Inn, highlighted by two excellent antique stores; Adelphi Antiques and Thistle Antiques.

The area in the vicinity of present-day Conestogo was first settled by white men around the 1820s. The first settlers were mostly Mennonites who had emigrated from Pennsylvania and they were followed by people of German and British background. The first mill in Woolwich Township was built here in 1844 by David Musselman. Known earlier as Musselman's Mills, the settlement was renamed Conestogo in 1852 after the town and river of that name in Lancaster County in Pennsylvania.

By the middle of the 19th century Conestogo was a thriving community of about 300 people, boasting a number of businesses which included a foundry, flour mill. saw mill, furniture factory, paint factory, flax mill, distillery, 4 hotels, 3 blacksmiths. 2 wagon makers and a cooperage. Two local brickyards produced the bricks of which many Conestogo buildings were constructed.

With the growing dominance of towns like Berlin (Kitchener), Conestogo gradually declined. Fortunately, the slow pace of Conestogo's development after around 1870 has resulted in much of the village's architectural heritage being well preserved.

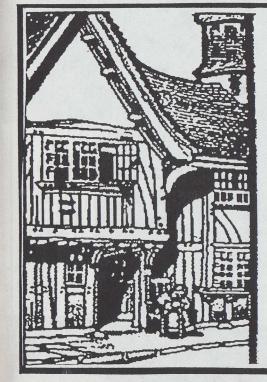
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