

Grand River Rainbow Historical Project

www.grandriver-rainbowhistory.ca/

celebrating the lives and times of rainbow folk in Grand River country

Outlook Magazine

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OUTLOOK[©]

The Voice of Waterloo Region's Gay and Lesbian Community

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Australia Or Bust



free!

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- * And Much More!



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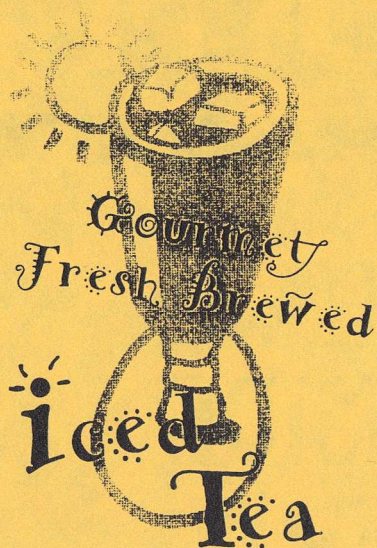
April 1996

Issue 8

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NEWS

Lesbian Bares Soul, Parents Bare Teeth

When a high school teacher told her class she had a wonderful relationship with her lesbian lover, she crossed a line: beyond what her students needed to know, a teen's parents say.

Jeannine and Thomas Jenei, who are teachers, said daughter Johanna was so upset by the revelation she transferred to a parochial school.

The parents say Johanna was denied her right to a public education and are seeking \$359,571 from Brookline, a suburb of Boston, \$300,00 of it for emotional distress.

The family lawyer, Randal Fritz says Johanna was just completely overwhelmed by people bringing their sexual...and political agendas into the school.

Teacher Polly Atwood announced her sexual orientation at Brookline High three years ago.

Johanna, then 14, is now enrolled at Lexington Christian Academy.

The Jeneis say school officials refused their

request to set up an independent study course for their daughter with another teacher and threatened to withhold credit if Johanna did not remain in Atwood's class.

School officials said that the Jeneis were offered several alternatives, including another teacher.

TORONTO SUN (APRIL 14/96)

Gay Debate Took Toll On United Church

The United Church of Canada is still reeling from its debate over accepting gay ministers.

"I think as a church we seriously underestimated the impact that debate was going to have on our church for years to come," moderator Marion Best says.

Canada's largest Protestant denomination decided in 1988 to welcome gays into the ministry.

Best, a native of New Westminster, B.C., helped steer the church's General Council through that hot debate before being named moderator two years ago.

With one year left in her three year term, Best, 64, says she'll continue to discuss other issues that may be divisive, such as inclusive language.

Non-sexist language "probably will be the most heated issue for us in our understanding of God and Christ and the Holy Spirit," she said. "There's going to be discussion about our understanding of who is Jesus Christ."

United Church membership totals 750,000 after 30 years of decline.

KW RECORD STAR, 16/96

Not Quite A Tux, Not Quite A Wedding Dress, Not Quite A Wedding!

More than 200 gay and lesbian couples in San Francisco "tied the knot" March 25th. A new city ordinance allowed the ceremony, but soon it may conflict with state law. Mayor Willie Brown fulfilled a campaign promise, deputized himself and presided.

These marriages have in fact no legal status; they are instead a statement, a statement to those who would

deny legal status to gay marriages.

And those forces grow. Ever since the Hawaiian Supreme Court ruled in favour of three gay couples who wanted to get married, 26 states rushed to consider laws banning same-sex marriages. Fearing that if Hawaii eventually approves, other states may have to honour Hawaiian gay marriages.

The reason for the ceremony for most participants was to protest the California state legislature attempting to tell them that their relationships were not valid, or worse than that, that their relationships were dangerous to society.

Most involved, recognize the long legal road ahead, but say it is paving the way for tangible benefits in the future which include immigration rights, child custody rights and tax benefits. Given the resistance among the various state legislatures, any change will come slowly if at all. But for the moment, about 300 happy honeymooners did not seem to care. They were busy celebrating and just taking one day at a time.

Although gay marriages are not legal in any state of the U.S., Hawaii may be the first state to go in that direction. Hawaii Supreme Court has ruled that unless the state

can present a compelling reason, the failure to grant marriage licenses would amount to sex discrimination.

Vatican Blasts Gay Unions

The Vatican has appealed to voters not to support politicians who endorse same-sex marriages, such as the mass wedding ceremony for homosexuals in San Francisco.

Moral theologian Gino Concetti wrote in the Vatican's official newspaper that homosexual marriages would "undermine the foundation of the family model upon which human civilization was built."

(ASSOCIATED PRESS)

Arrests Made In Winnipeg Murder

Police have arrested four men in the brutal murder of a man killed on Gay Pride Day in Winnipeg in 1991.

Gordon Kuhtey was taking an early morning riverside walk on June 30, 1991. A group of men attacked Kuhtey, then dragged him into the Assiniboine River, where he was stoned to death.

Neighbours in the nearby apartments said they were awakened by cries for help - and saw four white men flee the scene.

Although Kuhtey was not gay, he is believed to have been targeted because he was alone near an area where gay men go cruising for dates.

All four suspects are charged with second degree murder. Matthew Alexander McKay, 25, was arrested in his Calgary home Feb. 29. He is a former member of the Canadian Airborne Regiment, and in a video from Somalia, can be seen saying that he "ain't killed enough niggers yet."

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Two skinheads in an Edmonton court testified recently that McKay was involved with organized violent hate groups. They called him a good buddy of Manitoba Ku Klux Klan founder Bill Marcus and that he is close to Alberta Aryan Nation leader Terry Long.

Police in Penticton, B.C. pinched James Lisik, 22. Once a reservist in Winnipeg's Cameron Highlanders, Lisik got sacked following allegations of racist activities as a founder of the violent white youth gang Northern Hammerskins.

Robert Eugene Welsh, 24, another founding member of the Northern Hammerskins, is known to have close ties with the Minneapolis neo-Nazi rock band, Bound For Glory.

Busted in Winnipeg's Royal Albert Hotel, a hangout known for its skinhead patrons, Gary Kuffner, 27, was the last murder suspect picked up.

Meanwhile, Winnipeg's Lesbian and Gay Community Centre has recently co-sponsored billboard advertisements that read "Being Gay Is Not A Crime, But Gay Bashing Is!"

And last year, the community organized a large rally to denounce intolerance. The city's deputy mayor, Glen Murray, is gay.

And Winnipeg police

now have a Hate Crimes Unit with an openly gay cop on staff.

(XTRA - MAR. 28/91)

Navy Ordered To Halt Discharge Of Lesbian

A federal judge in Washington has ordered the Navy to temporarily stop plans to discharge a female sailor on the grounds that she is a lesbian.

U.S. District Judge Emmet Sullivan granted Amy Barnes, 20, of Jefferson, Indiana, a temporary restraining order, saying there is a "strong likelihood" she will win her lawsuit accusing the Navy of conducting a "witch hunt" for lesbian sailors.

Barnes contends the Navy violated its "don't ask, don't tell" policy on homosexuals in the military by investigating her after hearing rumours when she rebuffed a male sailors sexual advances.

PM Flip-Flops: Gay Rights Now A Go

Prime Minister Jean Chretien vowed March 20 to introduce a gay rights bill before the next election - after saying just a month ago it wouldn't happen.

Chretien was cornered into making the pledge in the Commons a day after Canadian Human Rights Commissioner Max Yalden slammed the Liberal government for not delivering on an

election promise to produce antidiscrimination legislation for homosexuals.

The Bloc made it the lead issue during Question Period, and finally pinned Chretien down on the third try.

"A bill will be presented before this House before we move to an election," Chretien said.

A month ago, the government appeared to be backing off on the pledge, which has divided the Liberal caucus. Sources said Chretien told his rural MPs he would not saddle them with a gay rights bill to defend at the next election on top of the gun control law.

Justice Minister Allan Rock conceded it would be difficult to deal with such a bill before an election, and the gay rights promise was omitted from last month's throne speech.

Chretien has now put the issue back on the front burner.

But he would not say how soon, telling the Commons: "In theory, we have some two years, seven months and four days before we have to call another election."

Alberta Reform MP Myron Thompson said it will be a boon for his party if Chretien introduces a bill.

(SEAN DURHAM, TORONTO SUN)

Rock Defiant On Gay Rights Bill

Legal changes to protect gay and lesbian citizens against discrimination should not be left until too late in the federal government's current mandate, Justice Minister Allan Rock said.

Rock made the comment after walking through a crowd of anti-gay-rights demonstrators and opponents of his gun-control legislation. Many were members of the Reform Party.

"Sodomy has no special rights," read one sign, and "My kids

should have the right to hunt," said another.

An aide to Rock said that instead of riding in a car through the crowd outside the gates of the Harmony Creek Golf Course, Rock walked through, shaking hands and speaking to many of the 130 demonstrators.

"The Prime Minister has said we're going to do it before the next election, so we will," said Rock, when asked when the government will deliver on a promise to put protection for gays and lesbians in the Human Rights Act.

But he said "I really don't know" when the legislation might be

introduced.

One demonstrator said she feared it may be very soon.

"We're certainly against gun control; we're certainly against the sexual orientation bill," said protester Jann Flury, 68, a retired consultant.

"We believe that homosexuality is an immoral lifestyle that we, as Canadians, cannot endorse," said electrical engineer Terry Ruddell, 37, director of Family Action Council, which he said works with 240 churches in Durham Region.

(MICHAEL CLEMENT, TORONTO SUN)



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ENTERTAINMENT

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Cowboys In Drag Hit A Financial Snag

Nashville's country music drag show is hoping to be back on it's high-heeled feet by the summer tourist season.

The company that owns the *Cowboys LaCage* show is filing for bankruptcy, and restructuring to pay off more than \$600,000 in debts.

The show features men dressed as Reba McEntire, Dolly Parton and Barbra Streisand.

The *Cowboys LaCage* owners say they'll take the act on the road to Atlantic City, N.J., Miami and Key West, Florida, Palm Springs, California and London during the three or four months they need to get back into normal operation.

The owners have also filed a \$15-million lawsuit against a former partner who they claim misled them about plans to open a restaurant in the same building as the show.

(AP)

Controversial Party Coming

It's "Party" time for Followspot Productions.

The Mississauga based independent theatrical producers behind last summer's *Falsettos* announced that they will tackle another commercial summer production of a gay-themed play.

Written by David Dillon, *Party* is a comedy about seven men in a game of truth or dare. Described by the playwright as "The Brady Bunch on Fire Island," *Party* has already been successfully produced in Chicago, New York and Los Angeles.

The New York Times describes it as "a combination gabfest and sexual show-and-tell," while columnist Liz Smith calls it "a raucous, unfettered, undressed and blessedly unsophisticated hoot," and the The New York Post's Clive Barnes suggests that "gay theatre has found mainstream and hit paydirt."

Tickets for the Canadian premiere of *Party*, previewing May 3 at Canadian Stage's Berkeley Street Theatre went on sale April 1 at the Berkeley Street box office or by calling (416) 368-3110.

The play carries warnings for "Nudity, coarse language and overt silliness."

JOHN COULBOURN

MAC Cosmetics Names K.D. Lang Spokesperson

MAC Cosmetics announced last month that top Canadian singer K.D. Lang will be a spokesperson for MAC, in particular for their fundraising efforts for local AIDS

organizations. The MAC AIDS Fund program, which includes their Viva Glam Lipstick campaign, has raised \$5 million since its inception two and a half years ago.

Lang will join drag queen entertainer RuPaul as the celebrity spokesperson for the highly successful international cosmetics company.

At a MAC reception after one of her recent very successful, three concert *All You Can Eat* show at the O'Keefe Centre, Lang said she was "very happy" to be associated with MAC. She admitted, though, that she "doesn't like to wear makeup except for photo shoots."

"However, I like the fact that MAC's products are cruelty-free and they've broken the stereotyping most cosmetic companies practise with their advertising."

Asked if she will join up with RuPaul at any time for publicity purposes, Lang, laughs and says that's possible but "we'll have to decide who will wear the pants, I guess."

VALENE GIBSON (TORONTO SUN)

Sunday Night Sex Show

Sue Johanson, Canada's answer to Dr. Ruth, now has her own national TV call-in show. Airing on the *Women's Television*

Network (WTN), "Sunday Night Sex Show" will be simulcast on selected radio stations across Canada. Johanson, a registered nurse, has made her mark giving no-nonsense answers about sex and sensuality. Viewers of the show are invited to call Sue at 1-800-881-5510 starting at 10pm. Channel 27.

Les Ballets Trockadero

Like Spandex, Les Ballets Trockadero de Monte Carlo seems to have bounced back without losing its shape.

This is the age of RuPaul, after all, which means glam - not gloom - is in. Even in adversity, the Trocks, as they are known, have made good cheer as important as good hair.

But first, some words of introduction for the few still unacquainted with the Trockadero dancers: they are not women, they're not from Monte Carlo, and though they can match arabesques with Karen Kain, this band of hairy-chested, tutu-wearing guys doesn't take classical dance to seriously. Once you've seen a Trock in a frock, the Swan Queen takes on a brand new meaning.

The popular company, known for its sly, humorous lampoons of classical dance, made its first appearance in six years at the National Arts Centre in Ottawa last month.

For 22 years, these funnymen in women's

clothing - who singlehandedly revived a style of physical comedy in dance not seen since vaudeville - have shown audiences a high old time. But somewhere between Greenwich Village drag shows and world famous ballet spoofs, camping with the Trocks became a sobering experience, from which the company has only recently recovered.

For a time, it looked as though the dancers would hang up their tutus and pointe shoes for good. From their initial success with audiences and critics, culminating in grants from the U.S. National Endowment for the Arts and extensive touring, the Trocks suddenly found themselves in trouble during the late 1980s.

Money was in such short supply that dancers were forced to work for free while holding part-time jobs. A conservative chill, precipitated by a shift to the political right, was in the air. Theatre bookings suddenly dried up, and scheduled dates were cancelled without explanation.

To this day, director Tory Dobrin is convinced that his company's sudden downturn in fortune had to do with Trockadero's slightly "off-colour" image. "We have a high percentage of gay men in the company and in the '80s, that affected us," says Dobrin, himself gay. "Theatres were hesitant to book something that could possibly be targeted."

OTTAWA CITIZEN

Oh! Calcutta!

Direct from New York City, the world's longest running erotic stage musical comedy, *Oh! Calcutta!* is coming to Hamilton Place. "The children of the original audiences are now coming to see *Oh! Calcutta!* and their children doubtless will too!" Tickets are available at Hamilton Place and Cops Coliseum box offices, all TicketMaster outlets or call TicketMaster to charge by phone:

905-645-5000

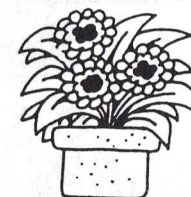
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For Mature Audiences Only!

Celine Dion Falling Into You...Around The World Tour

Tickets are now on sale for Celine Dion in concert at Cops Coliseum in Hamilton, with special guest Soul Attorneys. Tickets available at the box office or by calling 905-645-5000.

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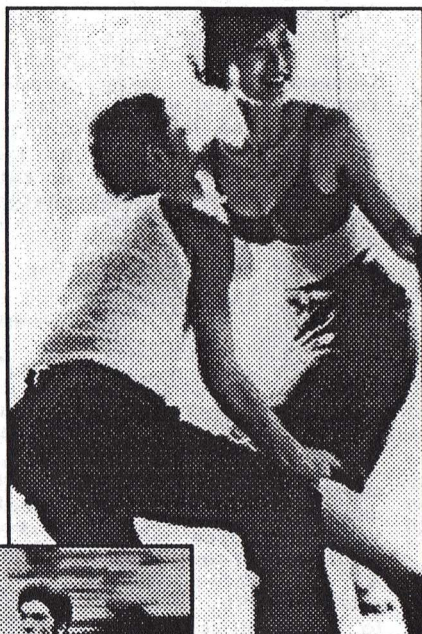
(continued on page 25)

FIVE DAY ENGAGEMENT

May 17 to May 21, 1996

Check cinema listing for exact showtimes.

The first film presented by the new company **ROLLING THUNDER**,
headed up by **Quentin Tarantino**.



Wong Kar-wai's *Chungking Express* is extraordinary. Exquisitely shot with a hand-held camera in the heart of Tsim Sha Tsui (Kowloon), the film is full of nervous energy. There are two stories. The first takes place around Chungking House: flop houses, sleazy hotels and endless illegal activities.

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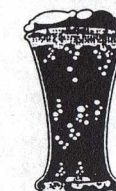
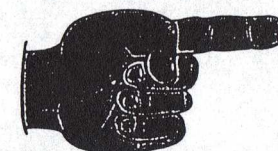
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AIDS Related Illnesses

When immune defences are depleted, infectious organisms that would otherwise be held in check, may have the opportunity to multiply and subsequently cause illnesses that a competent immune system could easily fight. Opportunistic infections as a group, are the most common AIDS-related illnesses seen in people with HIV infection.

Several of these infections are the re-emergence of bacterial or viral infections that occurred early in life and have been suppressed by the immune system. An example of this type of opportunistic infection would be recurrent Herpes Zoster, the cause of chicken pox in childhood, and when re-activated, the cause of Shingles in adults. Others are newly acquired infections that are the result of pathogens that we all encounter frequently in our environment (e.g. cryptococcosis, a fungus found in bird droppings and inhaled in the air we breathe.)

Included in this section will be a description of some of these illnesses, their common symptoms, and an overview of their treatment. This is by no means an all-inclusive listing, but will address the more common manifestations in persons who are HIV infected. Listings have been approached from a systems perspective (respiratory, gastro-intestinal, dermatological, etc.)

RESPIRATORY INFECTIONS

Pneumocystis Carinii Pneumonia

PCP is caused by a protozoan parasite, and is the most common AIDS related infection seen in the North American HIV infected population. It is the AIDS defining illness in more than 50% of persons with AIDS, and it has been estimated that up to 80% or more of all

persons with AIDS will develop PCP during the course of their disease. If unrecognized or left untreated, it is life-threatening.

The parasite that causes PCP is a very common one in humans. Most of us have been in contact with it as pre-schoolers. The immune system controls it until there is significant destruction/reduction of the immune response. When a person living with HIV infection has a CD4 count below 250 and develops any respiratory (breathing) difficulties, PCP is usually suspected.

PCP is treatable, and with antiretroviral therapy and preventative medication, the first bout of PCP can often be delayed. As many as 90% of people survive their first episode of this pneumonia. Unfortunately, there are some individuals who develop PCP repeatedly, and with each infection there is more damage to the lung tissue. The resultant impaired lung function not only makes recovery from further bouts of PCP more difficult, it also can seriously reduce quality of life.

Common Symptoms

.Fever- fevers can be quite high (38.5-41 degrees C.) May also have sweats or tremors (rigors)
.Dry, hacking non-productive cough (no phlegm or secretions)
.Shortness of breath at rest and with minor exertion. Respiratory rate may be quite high and breathing laboured. Fingernail beds and lips may be cyanotic (bluish in colour) due to poor oxygen circulation.

Diagnosis

PCP is the most commonly looked for respiratory infection in HIV positive people. In addition to assessment of the symptoms listed above, a chest x-ray may show clear signs of pneumonia. But, a normal chest x-ray does not exclude

a diagnosis of PCP. Poor oxygen saturation should raise suspicion of PCP when combined with cough, fatigue and fever. The definite diagnosis for PCP relies on isolation and identification of the parasite in sputum or bronchial washings. An examination called a bronchoscopy is often required to obtain proof of PCP. Bronchoscopies are invasive and often uncomfortable, and it is not uncommon for a person living with AIDS to refused to be "scoped" when in the terminal stages of the disease process. Most have endured this procedure many times by then.

Treatment

.Bactrim/Septra- given intravenously for severe cases or orally for prevention (NOTE: Many people with HIV infection do not tolerate sulfa drugs well, which both of these are or develop an intolerance early on in treatment)

.Pentamidine- given intravenously or aerosolized (inhaled)

.Dapsone in combination with trimethoprim given orally

.Clindamycin and Primaquine given orally

.Oxygen therapy is frequently used in home and hospital to help relieve shortness of breath, and in severe cases, treatment may be required in an intensive care unit.

Prophylaxis (preventative therapies)

Preventative therapies are usually offered to persons living with HIV when a person's CD4 count is at or below 200, as it is at this point in the course of the disease that they become more "at risk" of developing PCP. There is a very high success rate in the prevention of PCP if prophylaxis is begun at this time.

Bacterial Pneumonia

Pneumonia (an infection in the lung) can be caused by a variety of bacteria in both HIV positive and negative people. In people with HIV, recurrent bacterial pneumonia (two or more bacterial pneumonia within a 12 month period) is now considered diagnostic for AIDS.

The common pathogens that often cause bacterial pneumonia in HIV

positive people include strep pneumoniae, pneumococcus, and staph. aureas. The tests used to diagnose these pneumonia are the same in both HIV positive and negative people. In HIV infected persons, bacterial pneumonia can occur early in the course of the diseases, but as the immune response weakens, the frequency and intensity of these infections often increases.

Bacterial pneumonias are often characterized by the serious symptoms that develop over a period of a few days, unlike PCP which usually takes longer to evolve. Preventative measures against bacterial pneumonia fall within the realm of "Healthy Living" - sufficient rest, good diet and exercise habits, and monitoring for symptoms.

Symptoms

.chest pain- either localized on one side or the other, or across the entire chest

.frequent productive (wet sounding) cough with thick yellow or green sputum

.fever- gradually increasing temperature

.shortness of breath- with moderate exertion or at rest

Diagnosis

Bacterial pneumonia is diagnosed by gram, or acid fast stains and bacterial stains (sputum tests) in addition to chest x-rays.

Treatment

Early interventions with antibiotics specific to the particular organism isolated are usually successful in treating bacterial pneumonia. Pneumovax, a vaccine designed to prevent pneumococcal pneumonia is also helpful and is recommended by the Centre for Disease Control in its guidelines for care of HIV positive individuals.

Other Opportunistic Lung Infections

Several other opportunistic organisms can affect the respiratory system and result in a pneumonitis.

The most common of these include Cytomegalovirus (CMV), Mycobacterium Avium Complex (MAC), Toxoplasmosis gondii and Cryptococcus neoformans. Since these organisms affect other organs or systems within the body with greater frequency than in the lungs, they will be discussed in depth in the next installment. Kaposi's Sarcoma (a type of cancer) can also involve lung tissue.

No one expects a person living with HIV, his/her personal support network, a home care nurse or Respiratory Therapist to accurately diagnose a respiratory infection without the aid of sputum cultures or chest x-rays, but it is vitally important to watch for signs of breathing problems in all HIV positive people. All respiratory infections can develop into life-threatening events if left untreated (since they are all treatable, they should be watched for at all times.)

Tuberculosis

Tuberculosis (TB) is becoming an increasingly virulent bacterial lung infection in HIV infected individuals. as outbreaks of multi-drug resistant tuberculosis have been reported in many large North American centres. These strains pose a threat to all

immuno-compromised persons (persons with weak immune systems), health care workers and the general public, as TB is highly contagious and can be easily spread by coughing or sneezing.

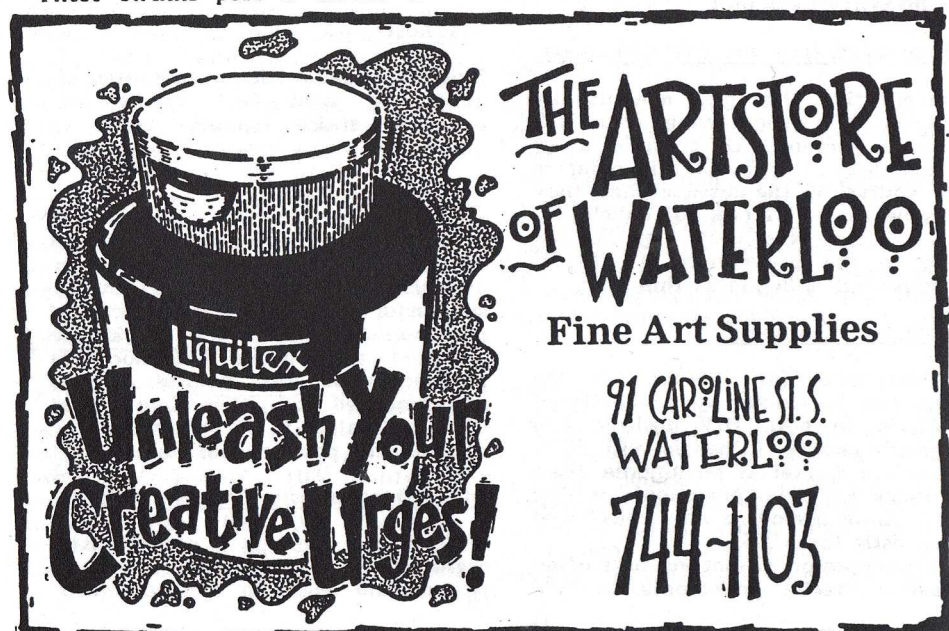
Diagnosis

When a person is diagnosed HIV positive, it is recommended by most infectious disease practitioners that a TB skin test be done as soon as possible. When the CD4 count declines sufficiently, the skin test becomes insensitive and of little value. If the skin test results in a response of 5 mm or more, prophylactic (preventative) treatment with the oral medication Isoniazid is often begun.

Treatment

Treatment for active TB requires a combination of four drugs that are prescribed by the specialist at the TB Clinic. Treatment must be folloed through for 9 - 12 months to ensure that the infection does not recur.

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* Next month we will continue with the topic of AIDS related illnesses and focus on Gastro-Intestinal Diseases.



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BOOKS OF INTEREST

FUNNY BOY - A Novel and profile of the author. Reviewed by Gerard Raymond (OUT Apr. 96)

When I last encountered Shyam Selvadurai, he was a skinny precocious teenager in our native country, Sri Lanka. Confidently bossing adult actors around, he was directing his own adaptation of the Disney musical *Bedknobs and Broomsticks* for the local English-language theatre. Fifteen years later Selvadurai, now a handsome, dark, curly-haired, 31-year-old author, chats in a New York cafe on the eve of the American publication of his first novel. *Funny Boy* (William Morrow), his insightful and moving book, already a best-seller in Canada and selling well in Britain, unfolds through the eyes of a young boy growing up in Sri Lanka in the late 1970s.

Since that time, the Indian Ocean nation has been torn apart by a savage ethnic civil war, fought between the majority Sinhalese and the Tamil minority, and Selvadurai deftly weaves reverberations of the conflict into the fabric of *Funny Boy*. "You've got the sense of society descending into complete chaos," says the author, who fled with his family to Canada after their lives were threatened by Sinhalese mobs rioting in the streets of Colombo, the capital city, in 1983.

In the course of *Funny Boy* - which Selvadurai says began as a story about a kid who loved to watch his mother put on her sari - the boy, Arjie, discovers that he is doubtly marked as an outsider in his society. His greatest childhood pleasure, concocting intricate pretend wedding ceremonies for his female cousins in which he dresses up in a bridal sari, and, later, his sexual attraction to another boy label him "funny"; his ethnicity provokes neighbours, acquaintances, and strangers to an enmity that will eventually drive him and his family from their home.

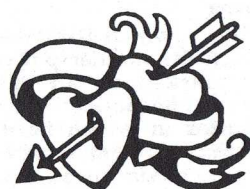
Funny Boy is fiction, but Selvadurai refracts elements of his autobiography through it - for instance, the boy's high school, where Arjie first encounters gay sex, is modeled on the one Selvadurai actually attended. Homosexuality is still officially illegal (though rarely prosecuted) in Sri Lanka, and there is no gay identity outside of the small westernized urban community he comes from. Selvadurai says he "knew inside" that he was gay before he left Colombo at age 18, but it was only after moving to Toronto that "he found a context" in which to come out. *Funny Boy's* international profile - including an edition on sale in South Asia - has meant coming out publicly in Sri Lanka for the author. "I couldn't avoid what the book was saying. I had to write it," says Selvadurai. "I'm a very private person, and now I find my private life is public."

Today, Selvadurai still lives in Toronto, where he is working on a new novel set in the 1920s Sri Lanka, while simultaneously preparing a film script for *Funny Boy*, slated to be directed for Britain's Channel Four by Gurinder Chadha, whose *Bhafl on the Beach* was an art house hit here. When Selvadurai gets stalled on either project he finds inspiration in the kitchen, preparing elaborate Sri Lankan meals. "I love standing and chopping things - my mind just wanders, and suddenly I have the solutions to various problems."

"Check your local bookstores for *Funny Boy* by Shyam Selvadurai.

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Club Renaissance
Proudly Presents
Hamilton's Premiere
Female Impersonators**

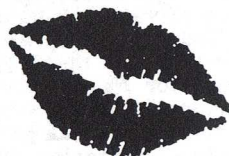
Heart Bustiere



**Saturday, April 20
All New Show**

**Showtime: 11:00 pm
Door Cover: \$2.00**

**24 Charles St., W.
Downtown Kitchener
(519) 570-2406**



**▼ What's Happening? ▼
Community Events**

BINGO!

If you're a Bingo fanatic and can't seem to put that dabber away, bring it down to Uptown Bingo Palace in Waterloo. You'll get your fix of Bingo and at the same time help support ACCKWA (The AIDS Committee of Cambridge, Kitchener, Waterloo and Area).

These games are ongoing events which help raise funds and awareness for our local AIDS Service Organization. COME ON OUT! Upcoming BINGO will be held at Uptown Bingo Palace, 17 King Street, South in Waterloo on:

Thurs. Apr. 18 7-11pm
Fri. April 26 11am-3pm
Thurs. May 2 11am-3pm
Fri. May 10 3pm-7pm

C'mon out, relax and do something different, meet new friends, have a good time and dance to the HI-NRG tunes with your neighbours in Guelph.

Join us and bring some friends to the next GLBE dance at the schoolhouse; 611 Silvercreek Pkwy., just north of Hwy. 6; a unique and intimate place to party... Friday, April 26, 1996 Admission: \$4.00 LLBO Licensed Info. call [redacted]

Gay, Lesbian and Bisexual Youth Group
A discussion group for gay, lesbian and bisexual youth (16-25) is currently running. If you are interested, call Rob at 570-3687.

Church Services
M.C.C. Rainbow Church service held every Sunday at 7:00pm at St. Matthias Anglican Church, 171 Kortright Street West in Guelph. Everyone welcome!

R.O.T.C. (TORONTO)
(Righteously Outrageous Twirling Corps)

ROTC are competing in the Ontario Colour Guard Championships. If you missed their visit to the K-W area last month, you have another chance to see them in action! When? Sunday, Apr. 21 Where? Eastdale High School, 170 Wellington Street in Welland. Starts at noon with the ROTC performing somewhere between 2 and 4 pm. Bring some friends and a Rainbow flag!! \$7.00 admission. For more information, call JC at 519-[redacted]

The Rainbow Chorus presents
Global Harmonies ...a concert
Friday, May 31, 1996
8:30 p.m.

Chalmer's United Church,
50 Quebec Street
Guelph, Ontario
Tickets \$8 Advance
\$10 Door

Reception to follow with refreshments and hors d'oeuvres!
For more info. call Frank Fita at [redacted] or E-mail us at [redacted]

IN CONCERT

Heather Bishop will be performing Saturday April 20th at Zion United Church (The Round Room) 32 Weber Street W. in Kitchener. Tickets are \$14 advance and \$17 at the door. For phone orders call (519) [redacted]
Carol Pope live in concert at Club Renaissance, 24 Charles St. W. Kitchener. Tickets \$10 advance, \$15 at the door. A must see. Friday, April 26. Call [redacted] for details.
Ani DiFranco, live at Revolution, May 1st. Tickets \$15 - \$17. Call (519) [redacted] for details. Let's Party!!

FROM AUSTRALIA....

by C. Kerr (formerly of Open Mind)

Cyberspace...fax machines...answering machines...portable phones and wedded bliss. All the technical paraphernalia mentioned can lead to the most wonderful things as I found out over a year ago when I fell in love with an Aussie...over the phone! Who'd have imagined you could really feel so much emotion for someone you had never met face to face. I used to read Reader's Digest and scour the pages looking for schmaltzy articles like this to sink myself into - face it, it made great songwriting material and a good cry never hurt anyone! I am a sucker for a romantic twist of fate and soon found myself inventing my own twists and turns that lead me astray and saw me settling and living "down under".

I was born and raised a Canadian - true, north, strong and free - and even though I thought our flag was one of the most boring of them all, (I LIKED the Union Jack!!) I still had pride in my country and never once dreamed I would not live in Canada. Before I "met" my partner Gail, I hadn't even given a thought to what people who migrated to other countries had to go through to do so and certainly would never have considered a trans-oceanic move myself...or would I?

The Northern Hemisphere is a very primeval place on the planet...all that rock, snow and those glaciers out west. Mention Canada to an Australian and some still picture snow-covered houses YEAR ROUND for us Canucks and Aussie's cannot fathom minus temperatures...they simply don't exist for Australians...can't be true.

Gail and I began our relationship as business acquaintances and then friends and then one thing led to another and we were in love. I told her about Canada and she told me about Australia. Now, a choice had to be made here folks and it wasn't an easy one even though Australia boasted a spring-like winter and no snow and no rust for the cars and year-round beach parties! Leaving one's loved ones, and this includes expartners and friends as well as family, is the most difficult thing to do as I have found out. It's one thing to move from Kitchener to Hamilton and not get to hang out with your sister as often or see your cousin in Guelph every couple of months but moving to the opposite side of the planet was a drastic change and most of that change included adjusting to the fact that everyone who had been a part of my life was still in Canada. These people had shaped me and had helped make me the person I am and it was most difficult and soul-wrenching to decide to follow my heart and leave them behind. Love hurts.

I did my last gig with Open Mind on Saturday night, Feb. 11, 1995...and was on a plane to a new life that Sunday afternoon. Did I say drastic change??? Whew. The flight to Australia is a long, drawn out trip with over 20 hours spent up in the air. Not the favourite place for this afraid-of-flying-scared-of-heights chicken. The scotch was free and soon so were my inhibitions and sleep came for the flight from Hawaii to Sydney. One more hour on a plane and I would then go through customs and collect my bags and finally meet my partner face to face. It was February 14th, Valentine's Day...is this schmaltz or what?

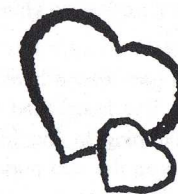
There she was....with a rose and a sign saying "Welcome Home". Odd that it felt like home too. Those first few moments at the Melbourne International Airport are precious to me so I'm sure you won't mind if I keep them that way by not going into them here. Needless to say things worked out. It's been over a year since I left Canada and I'm now on the road to being an Australian. I will keep my Canadian citizenship as well once the time comes to take my citizenship here as an Australian. With Australian citizenship, my travel is less restricted and I can go back and forth to Canada as need be without it affecting my residency.

Many people do not know that Australia is the first country in the world to recognise same-sex couples for Immigration purposes. I have applied to stay in Australia as the partner of an Australian. I put my application in October 6, 1995 and have received the first step of the visa process in December when I was given a work permit and a Medicare card (like our old OHIP cards). Next comes the Temporary Residency Visa due any day and then in 18 months my Permanent Residency is granted providing all goes well with Immigration and they are satisfied the relationship is genuine.

If you've seen the movie "Green Card" then you'll have some idea of what a migrant goes through when they apply as a spouse or fiance or de facto (common law spouse). We have had to collect proof to validate our relationship to Immigration...we have joint bank accounts, joint wills, joint powers of attorney, mail delivered to our address in both names, purchases of major appliances put in both names, joint credit cards, and house, car, and content insurances all in both names. Then come the photos...."here we are standing together in the living room...here we are by a tree...here we are with our boys".. (oh..did I mention Gail has three boys - Travis (18); Jason (14) and Damien (12) "Here we are at the ocean...with sunblock 2000 on!"

I had to go through a chest x-ray, an HIV test, a Hepatitis B test due to my having tattoos, and a non-intrusive physical by a government doctor and my fingerprints were taken and sent back for the RCMP to check to see if I had a criminal record. Then at least 2 friends or family members had to send statutory declarations to Immigration announcing, legally, that yes we were a couple, yes we were genuine, yes they could testify to these facts...blah blah blah. Gail's ex-husband even wrote one for us! Now, some might see this as a degrading invasion of privacy. I know I did when it all started but now I just see it as a way of life until I get my Permanent Residency in 1997-1998. It's a way to a means or a means to an end.

WITH
Love



Homesickness is always an enemy and it has reared it's nasty head more than a few times in our situation. My partner has been marvellous about our high phone bills and my twice-weekly-or-more trips to Australia Post armed to the teeth with letters to Canada. And all those double and triple prints that we now have to get with every film developed so we can send our passages in time back to friends and family in a letter. And thank God for CompuServe and Internet. My friends back in Canada have been great and have kept in touch with me on a fairly regular basis since I connected to the 'net.



...come down under and see this gorgeous paradise and experience the world renowned Sydney Gay and Lesbian Mardi Gras that half a million attend and another 9 million watch on television.

Australia is beautiful. *Priscilla of the Desert* showed you parts of the more rugged outback but the coastal lines of this country challenge your brain and imagination with their breathtaking beauty. *The Thornbirds* caught some of that beauty on film as did *The Man From Snowy River*.

The ocean is cold here in Melbourne, after all, the South Pole and Antarctica is not far away and the wind usually comes from the south with a vengeance. Mention Australia to Canadians and we all think of the tiny island in the sun with tropical temps all year round. Well, maybe in Queensland, but not in the island state of Tasmania or in Victoria, the state we live in.

Most people are unaware of how big Australia is...it is a tad larger than continental United States! The north half of this island continent, the world's largest island I might add, does stay very tropical temperature wise and is prone to monsoons. The bottom half experiences four seasons - and very little if any snow...unless you're on the Snowy Mountains (remember the Man From Snowy River..??).. Summer is from December to March and temps can be 27-38 degrees; autumn is from March to June with cool mornings and evenings and daytime highs of 20 degrees; winter is from June to September and can get very chilly with lows in Melbourne of 0 degrees at night and then can go anywhere from 11-20 degrees in the daytime. The wind is cold though in the winter - again, that proximity to the South Pole is a killer! Spring is from September to December is much like the Canadian season without the surprise ice storm.

Weird thing is it stays green year round here. Flowers bloom year round, gardens grow year round and only a few trees shed their leaves completely. People who are silly enough still go swimming in the frigid waters of Melbourne Bay during winter and sometimes you'll see the odd person in shorts...in the winter. It does take some getting used to. Christmas in shorts and t-shirts and Canada Day inside with a fire going and a sweater on, or as we call them here...a jumper on.

Now that brings me to the lingo. Although Australians speak English they are very creative folk and have managed to come up with another language of their own "Aussie Slang". Car park (parking lot); jumper (sweater); wind cheater (light coat); torch (flashlight); paddock (field); sunnies (sunglasses); bin (garbage pail); biro (pen); greyleads (pencils); "aggro" (aggravated); "toey" (moody) and the list goes on. I have had to learn to use the word "toilet" instead of bathroom as the bathroom is where the bathtub and shower and sink are. The toilet is in it's own room which makes a lot of sense when you think about it. Canadian's only say 'toilet' when the thing is broken though. Imagine going up to a waiter in a restaurant and asking "Excuse me...where is your toilet?" Now it is not so traumatic and I don't feel like I'm announcing a bodily function.

I have a job in a nursing home that I love. I own a vintage 1967 fully-restored VW Beetle (no snow=no salt=no rust therefore there are thousands of vintage cars in wonderful original condition scooting around Australia). Our rented house has three open-hearth fireplaces, typical in Edwardian cottages like this, which help out with the heating of the house on the colder days and nights. Prices for most things are the same or a little lower here than in Canada with the exception of new cars which are very expensive...and our dollars are par with one another. Minimum wage here starts at \$10.00 per hour and no matter what you do for a living, you get time and a half for Saturdays and double time for Sundays and holidays and evening work and overnight work gets you some extra as well. Mandatory holiday time is four weeks per year to start so travelling is something Australians love to do. I have been to Bali, Indonesia with Gail and we plan to see more of the world in our years to come.

Would I trade the experience for anything? No. I love my partner and all that I have gone through is worth it to be with her. Do I miss my friends? Yes. Unbelievably. New friends you can make, this is true but new friends are additions to not replacements for. I will endeavour to keep the relationships with my friends in Canada going even though we're 10,000 miles apart. The way I figure it, my being here gives them all a reason to save their loonies and come down under and see this gorgeous paradise and experience the world renowned Sydney Gay and Lesbian Mardi Gras that half a million attend and 9 million watch on TV....but that's another adventure isn't it????

I'll be back in future issues to give you a taste of Melbourne and the "scene" here. It's very different...from fashion, to venue, to happenings; and I'll touch on how the gay and lesbian lifestyle compares to that in Canada.

Bye for now.



DO IT YOURSELF ENERGY FOODS..

with Chef Lance

Try these tasty homemade energy foods that are both inexpensive and delicious!!! Energy food is a multi-billion dollar business with more than 1,000 different products feeding the appetites of athletes and people hungry for anything that might give them an edge. We're not against commercial carbohydrate snacks, but there are ways to fuel up using foods you'll find right in your fridge. They might not be scientifically formulated or fortified, but they're cheap and they taste good!

POWER BALLS - Our power balls are designed with a mix of simple carbohydrate (for quick fuel) and complex carbohydrate (for long-burning energy.) Each ball has 3 grams of fibre, which will fill your belly and help schedule the release of the energy into your system.

WHAT YOU NEED: 24 dried figs, 1/3 cup honey, 4 tbsp. orange juice, 2 tbsp. + 1 tbsp. lemon juice, 2-1/2 cups unbleached flour, 1/2 tsp. baking soda, 1/4 tsp. baking powder, 1 tbsp. canola oil, 1/4 cup dark corn syrup, 2 egg whites, 1 cup oat bran.

WHAT YOU DO: Dump the figs, honey, orange juice and 2 tbsp. lemon juice into a food processor and chop until figs are finely chopped. In a mixing bowl, combine the remaining ingredients with the exception of the oat bran, and mix with an electric mixer for 3-4 minutes at medium speed until well blended. Add the fig mixture and beat until blended together. Roll the dough into ping-pong sized balls and coat each with oat bran. Place the balls on a cookie sheet and bake at 350 degrees for 10 minutes or until they are warm and a bit puffy. Refrigerate to harden. Makes roughly 20 Power Balls.

NUTRITION FACTS: Power Ball- 164 calories, 38 grams of carbohydrates, 4 grams of protein, 1 gram of fat. Cost per ball- approximately 17cents.

ENERGY GOO - Instead of sucking on those pasty-tasting carbo gels that come in foil packets, try a do-it-yourself energy goo that sticks to your ribs. It's high in calories carbohydrates and potassium. You'll gain a few more fat calories, but a lot more protein and flavour.

WHAT YOU NEED: 2 medium bananas, 2 tbsp. of peanut butter.

WHAT YOU DO: -Mash the bananas in a bowl or blender and mix in peanut butter. Stir or blend until the ingredients are fully mixed. Spoon the mixture into a backpacking squeeze tube. (These tubes have open bottoms that seal shut with a clip.) Makes two serving per tube.

NUTRITION FACTS: Energy Goo- 147 calories, 17 grams of carbohydrates, 5 grams of protein, 8 grams of fat. Cost per serving about 20 cents.

GORP- Plus TRAIL PUTTY: You know about GORP (Good Ol' Raisins and Peanuts) trail mix. It's a terrific energy snack, but it's hard to eat when you're on the move. Our trail putty is a better GORP because it's one solid piece, like a candy bar. Plus, we've made it higher in protein and potassium than typical trail mix. These nutrients fend off fatigue and help keep you mentally sharp and rebuild muscle tissue.

WHAT YOU NEED: 1/2 cup peanut butter, 2 tbsp. honey, 2-1/2 tbsp. nonfat powdered milk, 1/2 cup raisins, 1/4 cup flaked coconut.

WHAT YOU DO: Blend the peanut butter and honey in a bowl, then gradually add the milk until the mixture is fairly stiff and easy to handle. Pull the blob out of the bowl and knead in the raisins. Flatten with rolling pin, then create a 1 inch thick, 10 inch long log, sprinkling with coconut or chocolate as you roll. Chill, then slice into ten servings.

NUTRITION FACTS: Trail Putty - 122 calories, 13 grams of carbohydrates, 4 grams of protein, 7 grams of fat. Cost per serving about 14 cents.

NITRO SHAKE: To top off a vigorous workout, here's our version of a high-calorie recovery drink. Sports nutritionists say recovery drinks should have a 3-to-1, or 4-to-1 carbohydrate to protein mix. Four to one is ideal, and our shake delivers it. The 8oz. shake has just the right amount of carbohydrates to restock your muscles with energy and protein to help build muscle tissue and fight fatigue.

WHAT YOU NEED: 1 package fortified instant-breakfast mix, 1 cup 1% milk, 1 banana.

WHAT YOU DO: Combine instant breakfast mix, milk and banana in a blender. Makes one serving.

NUTRITION FACTS: Nitro Shake (8 oz.) 337 calories, 62 grams of carbohydrates, 16 grams of protein, 3 grams of fat. Cost per serving: 65 cents.

SUPER JUICE: Almost all sports drinks aim for a 5 to 7 percent carbohydrate solution, a mix that's been proven to empty from the stomach fast and quickly deliver energy to your muscles. Our Liquid Fuel falls right into that range. It may seem simple, it's just orange juice, water and salt, but it's simplicity makes it effective, allowing you to digest it fast and replace lost water and salt. Our drink also gives you 496 milligrams of potassium (to fight muscle cramps), plus Vitamin C.

WHAT YOU NEED: 1 cup orange juice, 1 cup water, 1/8 tsp. salt.

WHAT YOU DO: Mix the orange juice and water. Sprinkle in the salt. Shake well. Makes 16oz.

NUTRITION FACTS: Super Juice - 112 calories, 25 grams of carbohydrates, 2 grams of protein, 0 grams fat. Cost per 16oz. serving: 32 cents.

This recipe is also effective for those wicked day-after-the night before times of just a bit to much party participation!

-BILL STRICKLAND OMD'S HEALTH



ERICK J. DE CAEN

Registered Massage Therapist

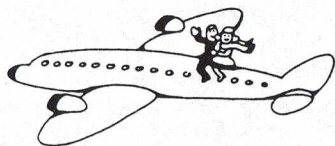
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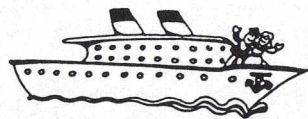
(519) 743-2522

By Appointment Only

TRAVEL



All that sunshine seems to promote Californians to disrobe more than the average vacationer and Palm Springs offers a selection of naturist, or clothing optional resorts. In addition, dozens of hotels in Palm Springs and area cater to a sizable gay and lesbian clientele. Many of these allow nude or topless sunbathing. Most gay lodgings are adults-only and are exclusively for either men or women. These alternative lodgings draw celebrities too, but are even more dedicated than mainstream hotels to protecting guests' privacy - usually behind locked gates.



Gay Hotels - Women Only

* Bee Charmer Inn, 1-619-778-5883; 13 units, topless optional around the pool, \$77 to \$97 US, continental breakfast.

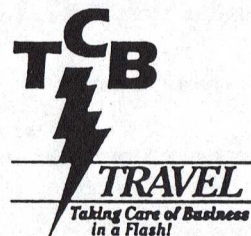
* Delilah's Enclave, 1-800-621-6973; 12 rooms, topless, pool and whirlpool. \$60 to \$110 US with breakfast.

Gay Hotels - Men Only

* Harlow Club Hotels' El Alameda, 1-800-223-4073; 16 rooms, oversized pool, \$135 to \$290 US, breakfast and lunch.

* Inn Exile, 1-800-962-0186; 15 rooms, two pools, clothing optional, \$83 to \$114 US, with breakfast and lunch.

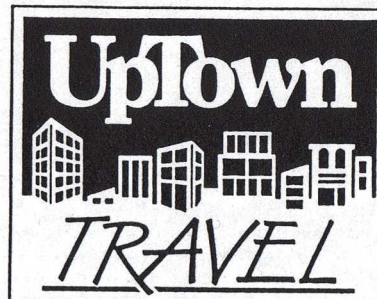
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Some words others have used to describe us:

.Friendly
.Accommodating
.Helpful .Inventive
.Resourceful .Efficient
.Price-conscious
.Knowledgeable .Reliable
.Proficient .Innovative
.Discreet
.Fun to work with.

If any of these words describe the Travel Agency that you want to handle your travel requirements then give us a call or drop in for a visit.

Club Renaissance

and

DETAILS MAKE THE DIFFERENCE.



Proudly Present

Carole Pope

Live In Concert

FRIDAY, APRIL 26TH

Tickets Available at the following locations:

Club Renaissance, 24 Charles Street., W., Kitchener
Dr. Disc in Kitchener
Generation X in Waterloo

\$10.00 in advance
\$15 at the door



Doors open at 8:00 pm Show starts at 11:00 pm - limited seating

Healthy Gay and Lesbian Relationships by 'Catherine'

Part III - The Sexual Agenda

An exploration into healthy gay and lesbian relationships would be incomplete if we did not examine the "sexual agenda."

For the purpose of this article, gender-role conditioning and the importance of communication in a sexual relationship will be discussed. If you are interested in the "how to" or the mechanics of lovemaking, there are many books and resources available. And remember, SAFE SEX OR NO SEX! For more information on how to practice safer sex contact the AIDS Committee of Cambridge, Kitchener, Waterloo and Area. They are listed in the back of this issue.

Gender-role conditioning begins at a very early age. Little girls are encouraged towards the playthings of domesticity. Little boys are directed toward the playthings of power and achievement. Once our sexual awareness tells us that we are gay or lesbian, our pre-programming can no longer provide us the foundation on which an intimate partnership can be built.

For instance, males in our society are taught that they need sex more than women do, that they have a right to it, and that they should aggressively seek it out. Females are taught that they don't need sex in the same way men do, that they are expected to not always enjoy it, that they owe it to their male partners to provide them with it, and that it's undesirable for a woman to be sexually aggressive. When we have two males together in a relationship, we have two people conditioned to believe that they need sex, have a right to it, and should aggressively seek it out. Or, we have two females together who have both been conditioned to believe that they don't need sex as much as men do, aren't particularly expected to enjoy it, and should not be aggressive in seeking it out.

As a result, dilemmas arise in gay and lesbian relationships. In a gay male relationship, one partner may desire sex

much less than the other partner. The high desire partner agitates for more sex. The low desire partner ignores this or ridicules it - "He's a sex maniac; he wants to do it all the time." The high desire partner may be saying, "Why can't you do it for me?" or "You're just doing this to punish me."

Another problem that can occur as a result of male conditioning is when one partner separates sex from affection. Some gay men, accustomed to casual or anonymous sex with multiple partners, behave sexually with their partner as they did in their pre-relationship sex life. Sexual encounters are genital-orgasm oriented - no romance! The partners of such people often feel deprived because they want tenderness and affection included in the lovemaking.

In lesbian relationships, gender-role conditioning can also create problems related to who initiates sex between the partners. Here we have two people conditioned to believe that they should not be sexually aggressive. In the beginning of the relationship passion shows the way, but as passion wanes, neither partner assumes the responsibility for initiating. Sex might happen less frequently. Typically, female conditioning teaches that women do not really need sex, as men do. Soon, sex might stop altogether. If both women in such a relationship are satisfied with this state of affairs, there is no problem. But, if one partner is unhappy, feeling deprived and frustrated, the matter needs attention.

Another fatality of gender-role conditioning might be communication about sex. Nice girls don't talk about sex. Real men know what to do and they don't have to talk about it. Those are the myths.

The reality is that both men and women profit by talking to their partners about what is (or isn't) happening between them sexually. Such communication informs sexual experience and improves the ability of the partners to satisfy one another. To avoid "routine" and lost sex appeal, communication is the key.

Answer the following questions:

- * Do you have sex with your partner less frequently or more frequently than you'd like to?
- * Do you have sex with your partner only on the weekends?
- * Do the two of you have sex only at night?
- * Do you have sex only in the morning?
- * Do you have sex only in the dark?
- * Do you have sex only when you've used alcohol or drugs?
- * Do you have sex only when you're out of town together?
- * Do you have sex only if there is no one else in the house?
- * Do you have sex only using toys or vibrators?
- * Do you have sex in the same way all the time; no variety?

If you answered "yes" to any of these questions, think about whether or not you are satisfied with what you answered "yes" to. If you find you are dissatisfied, think about what changes you'd like to see happen. Being able to ask for what you want or what you no longer want is an act of faith in the relationship and trust in your partner. Communication about sex has the potential of opening up new areas of eroticism to be explored, and of integrating sexuality more effectively into the couple's enjoyment of their life together.

Next Month: Part IV - "The Impact of Jealousy"

(continued from page 7)

It's My Party

Randal Kleiser is known mainly as a director of inconsequential Hollywood fluff. He's had hits like *Grease* and *The Blue Lagoon*, and flops like *Honey, I Blew Up The Kid*. Now Kleiser wants to be taken seriously with *It's My Party*.

Nick (Eric Roberts) is a bitter, fearful, self-obsessed but unself-reflective gay guy in what is essentially another AIDS film. When he discovers that he has progressive multifocal leukoencephalopathy (PML), a relatively rare disease even among people living with HIV or AIDS, he decides to go out with a bang.

PML is an especially cinematic disease. It allows a prognosis of quick death and lets the protagonist undergo misty symptoms like loss of memory and vision - remember *Dark Victory*? - without becoming physically unattractive. As opportunistic infections go, it's almost sexy.

Rather than wait for death to ring his doorbell, Nick invites the Grim Reaper, along with his family and friends, over for a two day party. His uninvited ex-lover, Brandon (Gregory Harrison), shows up as well, determined to reconcile.

The atmosphere is strangely lifeless for a party. And with the exception of one brief, passionate kiss, the two lovers never seem more than good friends - even in bed.

For 90 minutes, everybody wanders around giving each other awkward, teary, concerned glances, anticipating Nick's death. And the humour is more tragic than comic. But it seems that Kleiser hasn't figured out his own script. Rather than it being a film about Nick's celebration of his life, it ends up being subverted by friends and family, each with their own agenda.

Nick's suicide becomes a noble act of redemption for the living: Family wounds are healed, enemies become reconciled and faith returns to the Godless. After lip service to our chosen families, the primacy of the traditional family is reaffirmed. The quarreling lovers are reunited in death. Everything is so tidy, controlled and determinedly serious that any real, messy human emotion is almost drained out.

This latest addition to the AIDS-Death genre is not a bad film. It's just an incredibly earnest and overly well-intentioned one.

DAVID VERESCHAGDO

Reader's Corner

Viewpoints, Opinions, Letters
and Personal Stories/Poetry

To You

Sometimes I talk
when I cease
to be at peace
with my thoughts.
And when I can
no longer dwell
in the solitude
of my heart
I let my spirit
move my lips
and direct my tongue
to you
in speech and in ecstasy.
Your breasts become
the cushions of my pain
your arms
the protective wall around me.
I want to dive
into the sea of
your eyes
and close the lids
behind me.

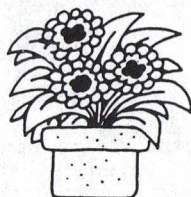
Anonymous

Dear Outlook,
We were wondering if you could help us out here. We just read in Xtra about Pride Day festivities in Toronto and it got us thinking about Waterloo Region's Pride Day. We know last year it was held before the Toronto celebrations and wondered if you had any idea when it would be held this summer. Any other details about entertainment, events etc. would be greatly appreciated. Thank you and keep up the good work.

Sharon and Marilyn
New Hamburg

Pride Day will be here before we know it, and unfortunately the only information I can give you right now about Waterloo Region's celebrations are the date and location. Again it will be held at Kitchener City Hall Rotunda. The date is Thursday, June 27.

If anyone can provide us with further information: events planned, speakers etc. please contact us here at Outlook.



"To know what you prefer, instead of humbly saying amen to what the world tells you you ought to prefer, is to have kept your soul alive."
-Robert Louis Stevenson

"Be yourself, that's all there is of you."
-Ralph Waldo Emerson

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DOWNTOWN GUELPH - Sunny ground floor apartment with separate entrance to share with lesbian; seeking quiet, responsible non-smoker; prefer no t.v.; indoor cats welcome. Summer deal \$295/month includes utilities and parking; fall option. Available May 1st.

☎ (519) [redacted] or E-mail to: [redacted]

THANK YOU !

A special thank you goes out to Catherine for her contributions and dedication to Outlook. We really appreciate your help!

VOLUNTEER WANTED!

Are you interested in sports? Do you have access to schedules, dates, times and locations of upcoming sporting events? We would like to hear from you. Whether it be hockey, baseball, bowling etc. and you have this interest, please contact Outlook Magazine at [redacted] or write to us at the mailing address found at the beginning of this issue. This is your chance to write a Sports section for Outlook and keep the gay and lesbian community in touch with what is happening within our community. Call us now!

SPANK'D & RANK'D

A MONTHLY GUIDE TO POPULAR DANCE MUSIC AND CURRENT CLUB ANTHEMS.

- | | |
|--|---|
| 1. GIV ME LUV (ORIGINAL MIX) | -ALCATRAZ |
| 2. FEELS SO GOOD (SHOW ME YOUR LOVE) | -LINA SANTIAGO |
| 3. HIDEAWAY (DEEP DISH MIX) | -DE'LACY |
| 4. SKIN ON SKIN (THE ORANGE MIX) | -GRACE |
| 5. FE-FI-FO-FUM | -CANDY GIRLS |
| 6. LOVE HANGOVER | -PAULINE HENRY |
| 7. MISSING (CHRIS & JAMES MIX) | -EVERYTHING BUT THE GIRL |
| 8. HYPERBALLAD (DAVID MORALES REMIX) | -BJORK |
| 9. LUCKY LOVE (FRANKIE KNUCKLES MIXES) | -ACE OF BASE |
| 10. 1979 (REMIX) | -SMASHING PUMPKINS |
| 11. LOVING YOU MORE (ALCATRAZ REMIX '96) | -B.T. |
| 12. DISCO'S REVENGE | -GUSTO |
| 13. FEEL THE MUSIC | -PLANET SOUL |
| 14. I BELIEVE | -THE ABSOLUTE U.S. featuring SUZANNE PALMER |
| 15. HYPNOTIZIN' (REMIX) | -WINX |

COMPILED BY JAYSON SPANK

SPANK! plays weekly at Club Renaissance
where he is the resident DJ.





Volunteers...Making A Difference

As Canadians, we have a long tradition of voluntary action in pursuit of our social goals. Over the years, volunteering has mobilized enormous energy for the common good. A recent statistic states that the voluntary force in Canada is over 13 million strong! If you stop and look around you, chances are that many people you know, including yourself, do volunteer work for a voluntary organization or community group.

Everyone has their own personal reasons for volunteering. These may include the desire to give something back to the community, help others, keep busy, meet new people or gain new skills. Whatever the reason, everyone has something valuable to offer through volunteering.

Volunteering not only benefits organizations and our community in general, but also the volunteers themselves. The benefits to mental and physical health are widely acknowledged. Volunteering is a proven way to build self-esteem, self-confidence and a sense of belonging.

National Volunteer Week 1996

From April 21 - 27 communities across Canada will be celebrating National Volunteer Week. This special week is designated to commemorate the people who donate their time and energy to their fellow citizens and the causes they believe in. The dedicated work of volunteers often goes unrecognized by the rest of the community, therefore National Volunteer Week is meant to increase public awareness of the vital contributions that our volunteers make to our communities and to Canadian society as a whole.

ACCKWA Volunteers Are Outstanding!

Volunteers form the backbone of The AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA). ACCKWA has 135 truly remarkable volunteers who generously donate their time and skills on an ongoing basis. These dynamic individuals enable ACCKWA to provide services that could not otherwise be delivered. Also, their ideas, enthusiasm and commitment have put ACCKWA at the forefront of agencies providing AIDS support, education and advocacy programs.

Over the past year, ACCKWA volunteers have contributed over 8000 hours to the various programs and services that we offer. Wow! What incredible support these incredible people provide!

ACCKWA would like to take this opportunity to publicly thank all our wonderful volunteers for their ongoing support and dedication throughout the past year. Your efforts really do make a difference in our agency programs and in the lives of people living with HIV/AIDS in Waterloo Region. Keep up the great work!

ACCKWA volunteers really are outstanding! They are an amazing group of dedicated people that put their hearts into everything they do. This Volunteer Week please join ACCKWA in thanking our volunteers. Let an ACCKWA volunteer know that they are making a difference in our community!

A reminder to ACCKWA volunteers.... Tuesday, April 23 is the date of our Second Annual Volunteer General Meeting and Appreciation Reception. You will not want to miss this informative, fun-filled evening. We hope to see you there! If you did not get your invitation in the mail or have any further questions, please call Tracey.

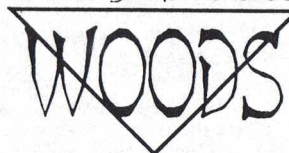
If you have any questions about ACCKWA's Volunteer Program, please call Tracey Roth at 570-3687.

♥ Volunteering - The Heart And Soul Of Our Community ♥



WOMEN OUT OF DOORS

in k-w, guelph & area



Lesbian Social & Recreational Club

*To receive 1 free newsletter
send us this card with your
name and mailing address.*

P.O. Box 13, Student Life Centre Postal Outlet, Waterloo, Ontario N2L 3G0

COMMUNITY INFORMATION

SERVICES

ACCKWA (The AIDS Committee of
Cambridge, K-W and Area)
123 Duke Street
Kitchener, Ontario
570-3687

AIDS Clinical Trials Hotline
Information on FDA listed clinical
trials accessible from Canada.
1-800-TRIALS-A

AIDS Committee of Guelph and
Wellington County
265 Woolwich Street
Guelph, Ontario
763-2255

AIDS Hotline
Ontario Ministry of Health
1-800-668-2437

AIDS Information and Education
205 Queen Street E.
Fergus, Ontario
843-2460

Brethern Mennonite Council for
Gays and Lesbians
-A social, spiritual and educational
group for gay/lesbian/bisexual
Mennonites, Brethern and affiliates.
Churchgoers and non-churchgoers
who are interested in connecting
with others who share these roots
and influences, write to: B.M.C.
P.O.Box 43031, Eastwood Square
Kitchener, Ontario N2H 6S9

Canadian AIDS Society
Ottawa
1-613-230-3580

Community AIDS Treatment
Information Exchange (CATIE)
Toronto
1-416-944-1916

CKWBL (Cambridge, Kitchener,
Waterloo Bisexual Liberation)
P.O. Box 28002, Parkdale P.O.
Waterloo, Ontario
N2L 6J8

DISTRESS LINE
Kitchener
745-1166

GLLOW (Gay and Lesbian
Liberation of Waterloo)
University of Waterloo

Guelph Gay, Lesbian and Bisexual
Equality
Guelph

Lesbian, Gay and Bisexual Youth
Line
1-800-268-YOUTH

Ontario AIDS Network
Toronto
1-416-364-4555

PFLAG (Parents and Friends of
Lesbians and Gays)
Acton.....
Cambridge.....
Guelph.....

PROJECT ANGEL
(Waterloo Region AIDS Memorial)
250 Dundas St. S. Suite 221
Cambridge, Ontario
N1R 8A8

Rainbow Alliance
Are you a deaf gay or lesbian?
There is an organization for the
deaf called The Toronto Rainbow
Alliance of the Deaf. We have
meetings once a month at the 519
Church Street Community Centre on
the first Saturday from 1pm - 4pm.
You are most welcome to attend.

Sexual Assault Centres
K-W.....741-8633
Cambridge.....658-0551
Guelph.....823-5806

Substance Abuse Prevention
Kitchener
741-3827

Two Spirited People of First Nations
Toronto
1-416-944-9300

Waterloo Region Alliance for Equal
Rights

Women's Centre
University of Waterloo
888-4567 ext. 3457

WOODS (Women Out Of Doors)
P.O. Box 13
Campus Centre Postal Outlet
Waterloo, Ontario
N2L 3G0

BOOKSTORES

Blueleaf Bookshop
93 King St. W.
Kitchener, Ontario
570-0950

Bookshelf
41 Quebec St.
Guelph, Ontario
821-3311

KW Book Exchange
306 King St. W.
Kitchener, Ontario
742-1261

Reader's Ink (Provident) Bookstore
140 University St. W.
Waterloo, Ontario
746-2872

U of W Bookstore
200 University St. W.
Waterloo, Ontario
885-1211

Words Worth Books
100 King St. S.
Waterloo, Ontario
884-2665

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6pm - 8pm.

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THE RAINBOW RADIO NETWORK
can be heard Thursdays on CHRW
94.7 FM at 10:15 pm.

Sundays on CFRU 93.3 FM listen for
FEMINIST FREQUENCY at 7pm.

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Club Renaissance
24 Charles St. W.
Kitchener, Ontario
570-2406

The Robin's Nest
26 Hobson St.
Cambridge, Ontario
621-2688

TRAVEL AGENTS

TCB Travel
600 Doon Village Rd.
Kitchener, Ontario
748-0850

UpTown Travel
104 King St. S.
Waterloo, Ontario
886-3320

*All phone numbers are in the 519
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 *ACCKWA..... 123 DUKE ST. KITCHENER
 *WORDS WORTH BOOKS..... 100 KING ST. S. WATERLOO
 *THE ALBION HOTEL..... 49 NORFOLK ST. GUELPH
 *ADULTS ONLY VIDEO..... 560 HESPELER RD. CAMBRIDGE
 *UNIVERSITY OF WATERLOO. 200 UNIVERSITY ST. WATERLOO
 *DR. DISC..... 146 KING ST. W. KITCHENER
 *THE BOOKSHELF..... 41 QUEBEC ST. GUELPH
 *JANE BOND CAFE..... 5 PRINCESS ST. W. WATERLOO

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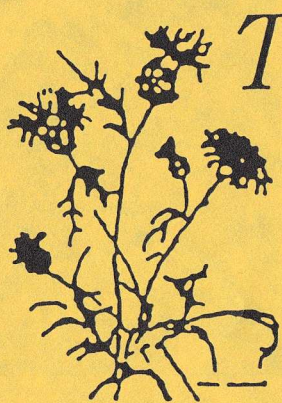
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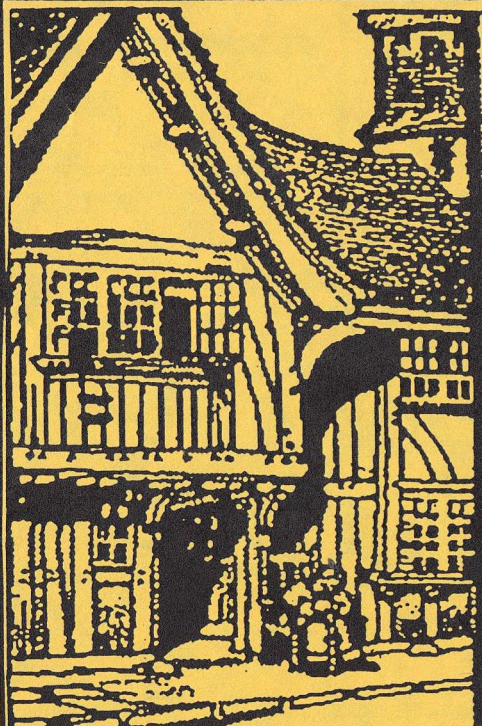
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